

SACRAMENTAL COMMITMENT PARENT FORM-PENANCE & EUCHARIST

Recognizing that my involvement is of special and vital importance in helping my child prepare to receive the Sacraments of First Penance & First Communion:

☐ I will submit a copy of my child's baptism to the Religious Education office by **9/15/25**

☐ I promise to see that my child attends Mass on the weekends and Holy Days of Obligation. I understand that 90% Mass attendance is necessary to receive the Sacraments in the Spring.

☐ I agree to use my Mass vouchers each week and turn them in to the Priest as I exit Mass. I understand my current parish ID # needs to be on the voucher to achieve Mass credit. Please check your ID number at the parish office if needed. If you are currently registered at St. Helen, you have been assigned an ID #.

☐ I understand that if I do NOT meet the 90% Mass attendance, my child's Sacraments will be delayed. My child will be rescheduled for Sacraments, provided Mass attendance has risen to 90%

☐ I understand that a Mass attendance % report will be run from 9/7- 11/1/25 & again 11/9-3/29/26. A written % will be given to each family falling behind in their Mass attendance.

☐ I understand I can choose to call the parish office to check my % anytime at: 567-5129.

***YOU MUST BE REGISTERED AT ST. HELEN CATHOLIC CHURCH TO RECEIVE SACRAMENTS HERE**

***you can easily register on our website or by visiting the parish office for a form to complete**

☐ I am currently registered at St. Helen Catholic Church.

☐ I am not registered at St. Helen Catholic Church. I am registered at: _____ Catholic Church. I understand I will be receiving my Sacraments at the Church I am registered with.

☐ My child will attend group rehearsal, & the Communion Retreat 3/7/26

☐ I will attend the First Communion Parent Mtg. 2/4/26 at 6 p.m. Gym

☐ I will help my child learn their Act Contrition and prayers.

Parent Sign _____

Email _____ Phone _____

Date: _____