

CONFIRMATION YR. 1 & 2

SERVICE PROJECT GUIDELINES

According to Diocesan guidelines for Confirmation, the student's preparation is devoted to reflection, prayer, service, and discipleship.

Confirmation Yr. 1- **15 hours**

Confirmation Yr. 2- **20 hours**

St. Helen Confirmation program requires Service for each candidate. Students can choose their service hours from the following options and combinations:

1. **Fall Festival:** use Sign up genius, see upcoming ad in bulletin.
2. **Confirmation Service days** – Monthly church/& or community service opportunities will be offered & communicated.
3. **Corporal acts of Mercy-** read the acts of mercy and suggestions to complete an act of service. ***TBA Service dates/projects will be provided. Any outside service work, or project MUST be approved FIRST.**

[*Following their service, students must write a reflection essay about their experience. *See Reflection guidelines for more information & due dates.](#)

Please read the Corporal Works of Mercy for Service ideas and suggestions:

Corporal Works of Mercy

1. **To feed the hungry.** Everyone needs food for their body. It is an act of love to help others to obtain their bodily nourishment, especially those in greatest need. **Food drives for our own St. Helen Outreach will be organized & you will have an opportunity to truly make a difference! Date TBA**

2. **To give drink to the thirsty.** What is said of food also applies to drink.

[Examples: **Service for our monthly marriage Communio or KC breakfasts will be offered. Dates TBA**

3. **To clothe the naked.** Everyone needs clothing for warmth, protection, modesty, and dignity. It is an act of love to help others obtain clothing, especially those who need help. * **Service hours could be done making Blessing bags filled with hygiene, toiletries etc. that can be delivered & given out at our St. Helen Outreach office. Having a garage sale & donating proceeds to the Outreach office.**

4. **To visit the imprisoned.** Those in prison and many other persons and their families suffer hindrances or dangers to freedom. Helping them, visiting them, or protecting them is an act of love. ***Taking part in the Respect Life/Stand for Life to show support for Pro Life. Date in Jan. TBA**

5. **To shelter the homeless.** Everyone needs shelter. Some people live in cardboard homes; some people live in homes made of discarded materials; many people are homeless. To help the homeless obtain shelter or to preserve it is an act of love. ***Volunteering at a Homeless Shelter, Samaritan Ctr. Locally. Speak to Lupe about specifics & protocols.**

6. **To visit the sick.** Helping sick people in any way is an act of love. [Examples: Visiting someone in the hospital or nursing home. Visiting someone who is sick at home or the elderly who are shut ins. Service project: **St. Helen Giving Tree Program, Dec. dates, help needed. See Lupe/Miss Paige**

7. **To bury the dead.** Treating cemeteries with respect. Cutting the grass on a grave. Putting flowers on it. * **Visit Crestlawn cemetery here in Vero beach and clean some of the gravestones and tidy up the area. Place artificial flowers at the gravesite. * Bring your own cleaners. Take before and after pictures.**

***ALL SERVICE HOURS MUST BE SIGNED OFF ON THE FORM & TURNED IN WITH YOUR REFLECTION PAPER. For acts of mercy please enclose a photo of your service with your reflection.**

Service Project Reflection Paper Guide

After completing your Confirmation Service Project work, you must write about your experience and reflect on how this act of service impacted your life. This reflection should be at least 300 words. Please follow the writing prompts.

Please write neatly and in complete sentences. Answer all questions.

Service reflections for Year 1: due end of April 2025

Service reflections for Year 2: due end of February 2025

The reflection should clearly address the following points:

- * I chose to do this service because.....
- * Describe the service that you completed.
- * Who benefited from the service?
- * How did you, the Confirmation candidate feel about the service you performed?
- * How has this service project help you prepare for Confirmation?
- * How do you see service being a part of your life in the future?
- * What was the most memorable part of this Service project?
- * How did you experience God in your service?