



SACRAMENTAL COMMITMENT PARENT FORM: Penance & Eucharist

Recognizing that my involvement is of special importance in helping my child prepare to receive the Sacraments of First Penance and First Communion:

I will submit a copy of my child’s baptism certificate to the Religious Education Office by 9/1/23.

I promise that my child will attend Mass on the weekends and on Holy days of Obligation. Attending Mass during the weekday does not fulfill the Sunday obligation. I understand that 80% Mass attendance on weekends and on Holy Days is required to receive these Sacraments in the Spring. A parent and/or relative attending Mass and turning in a voucher does not count for my child’s Mass attendance if my child is not present.

I agree for my child to use Mass Vouchers consistently each week by handing them to the Priest or Deacon as he/she exits Mass.

I understand that if my child does not meet the minimum of 80% Mass attendance, his/her Sacraments will be delayed until the following Fall. During the delay, my child must maintain 80% Mass attendance to receive the Sacraments in the fall.

My child will attend the rehearsal (4/2/24) and the Communion retreat (4/13/24).

I will attend the Communion Parent Meeting on March 6, 2024.

I will help my child learn their prayers, Act Contrition.

I am not registered at St. Helen Church. I am registered at: _____

I will obtain a Letter of Permission from my Pastor to allow my child to receive Sacraments at St. Helen. OR

I will have my child receive his/her Sacraments at that Church.

Parent Name: _____

Email: _____

Phone: _____

Signature: _____ Date: _____