

## Counseling Resources

This list of Catholic Counselors has been compiled for your reference based on referrals and recommendations by various trusted lay ministers and clergy in the Diocese of Palm Beach. The list is organized by language (English and Bi-lingual English/Spanish) and specialty. In addition, Catholic Charities Counseling Resources can be accessed at 1-844-848-6777.

### English Language

#### **Sexual Addiction:**

Dr. Brent Gray  
Spanish River Counseling Center  
2400 Yamato Road  
Boca Raton, FL 33431  
561-241-9014  
[www.spanishrivercounseling.com](http://www.spanishrivercounseling.com)

Justin McManus, LCSW, CAP  
Cornerstone Counseling of Palm Beach  
8895 N. Military Trail, Suite 300-E  
Palm Beach Gardens, FL 33410  
561-472-0397  
[justin@cornerstonecounselingpb.com](mailto:justin@cornerstonecounselingpb.com)  
(Also Family therapist)

Marti Wibbels, MS, LMHC, PA  
PO Box 742554  
Boynton Beach, FL 33474  
561-620-0089  
[www.pbcounseling.com](http://www.pbcounseling.com)

Robbin Wolf, LCSW, CAP, Sexologist,  
CSAT  
207 SW 5<sup>th</sup> Street  
Stuart, FL 34994  
772-519-1096

#### **Substance Abuse:**

Glen Aitken, Jr. MA  
Registered Mental Health Counselor Intern  
308 Tequesta Drive, Ste. 1  
Tequesta, FL 33469  
561-717-7398

#### **Family & Marriage Therapy:**

Dr. Amanda Davis, Psychologist  
11760 US Hwy 1, Ste 504W  
Palm Beach Gardens, FL 33408  
561-203-1964  
Tweens 10-13, Teens 14-18, Young Adults  
18-35, Adults, Geriatrics (not couples)  
Eating disorders/anxiety

Bettina Fiessinger PsyS, LMHC, NCC  
Children, Adolescents, Adults  
308 Tequesta Drive, Ste. 1  
Tequesta, FL 33469  
561-899-7504

Karen Lindsay, LMFT  
819 SW Federal Highway, Ste. 200 B  
Stuart, FL 34994  
772-359-3541  
(Tweens 14-18, Young Adults 18-34, Adults,  
Geriatrics)

Mark Martinez, LMHC  
1550 Magruder Avenue, Ste. 307  
Coral Gables, FL 33146  
786-273-6464  
(Tweens 10-13, Teens 14-18, Young Adults  
18-35, Adults 35-64)

Justin McManus (See Above)  
(Tweens 10-13, Teens 14-18, young Adults  
18-35, Adults 7 Geriatrics)

Tim Murphy, LMHC  
447 NW Prima Vista Blvd.  
Port St. Lucie, FL 34983  
772-249-1640  
Young Adults 18-35, Adults 35-64, Geriatrics

**Marriage & Family Therapy (con't):**

Carlos Plasencia, Ph.D., LMHC  
10406 Taft Street  
Pembroke Pines, FL 33026  
[Carlosplasencia.phd@comcast.net](mailto:Carlosplasencia.phd@comcast.net)  
954-436-3880

**Life Coach:**

Dr. Carlos Gomez, Psychologist  
1390 S. Dixie Highway, Ste 2107  
Coral Gables, FL 33146  
786-622-2226  
[cgomez@gomezphd.com](mailto:cgomez@gomezphd.com)  
(Young Adults 18-35; Adults)

**Post-Abortion**

Rachel's Vineyard Post Abortion Healing  
Donna Gardner, MS  
Psychotherapist  
561-602-4778 (cell)

**Tele-counseling:**

Imago Dei Counseling  
[www.imagodeicounseling.com](http://www.imagodeicounseling.com)  
719-310-2211

Pastoral Solutions Institute  
Dr. Gregory Popcak  
<https://catholiccounselors.com/tele-counseling-services/our-counselors/>  
1-866-724-1196

<https://www.catholicpsych.com/>  
Dr. Greg Bottaro, Principle

**Find a Catholic Therapist:**

<https://www.catholictherapists.com/>

**Bi-Lingual- English/Spanish****Domestic Violence & Sexual Abuse:  
(ONLY)**

Palm Beach County  
Helpline 561-833-7273

**Domestic Violence**

Agnes Barbosa MA, Counseling  
Women in Distress  
Lighthouse Point, FL  
954-760-9800 x1439  
[www.womenindistress.org](http://www.womenindistress.org)

**Family Therapy:**

Claudia Fraga, LCSW  
8525 SW 92 Street, Suite B8  
Miami, Florida 33156  
(305) 748-2351  
Tweens 10-13, Teens 14-18, Young Adults  
18-35, Adults 35-64, Geriatrics  
Video Counseling Available

Dr. Miguel Koschil, PhD, Therapist  
Our Lady Queen of Peace  
9600 W. Atlantic Avenue  
Delray Beach, FL 33446  
561-499-6234

Dr. Jaimee Perez, Psychologist  
Family and Children  
Palm Beach Gardens, FL  
561-526-5741