

Pentecost-New Wine Miniseries

We are presenting the above noted “mini-series” on St. Helen’s Facebook for your prayer, contemplation, and direction between now and Pentecost. As we celebrate the Ascension of our Lord on this Sunday and what is considered the birth of the church on Pentecost Sunday the following weekend, there is much for us to consider and pray about, especially this year. With all of the worry, concern, and uncertainty in the world today one thing remains the same; God is still in control and His power and authority is of no doubt.

We must never lose hope, remember a little worry is okay but if you pray you cannot be consumed with worry, they are ultimately mutually exclusive. We remember that all that we are going through brings endurance which produces character that bring us to a hope that does not disappoint, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. (Romans 5:3-5).

We must come out of this time in our lives, zealous, faith-filled and with the power of the Holy Spirit as the Apostles did when they came out of the Upper Room. Reminded of the presence of the Holy Spirit in each of our lives and the gifts of the Holy Spirit given to each of us we know that we are the workers in the vineyard and that the Kingdom of God is at hand.

THE PENTECOST NOVENA

The Novena to the Holy Spirit is considered the oldest of all of the novenas since it was made by Our Lord Himself when he directed His disciples to go back to the Upper Room and pray and wait for the coming of the Holy Spirit. Addressed to the Holy Spirit it is a plea for the power and gifts of the Holy Spirit to be manifested in our daily lives to further the Kingdom of God now. Please join your fellow parishioners in the nine-day novena, beginning Friday, May 22, and ending on Saturday, May 30 of Pentecost weekend. Following is one of many good prayer formats to follow.

COME HOLY SPIRIT, FILL THE HEARTS OF YOUR FAITHFUL

Catholic Prayers: Novena to the Holy Spirit



ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses I offer myself, soul and body, to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring his opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace, O Holy Ghost, Spirit of the Father and the Son to say to You always and everywhere, "Speak, Lord, for Your servant heareth." Amen

PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

Christ Jesus, before ascending into heaven, You promised to send the Holy Spirit to Your apostles and disciples.

Grant that the same Spirit may perfect in our lives the work of Your grace and love.

Grant us the Spirit of Fear Of The Lord that we may be filled with a loving reverence toward You.

the Spirit of Piety that we may find peace and fulfillment in the service of God while serving others;

the Spirit of Fortitude that we may bear our cross with You and, with courage, overcome the obstacles that interfere with our salvation;

the Spirit of Knowledge that we may know You and know ourselves and grow in holiness;

the Spirit of Understanding to enlighten our minds with the light of Your truth;

the Spirit of Counsel that we may choose the surest way of doing Your will, seeking first the Kingdom;

Grant us the Spirit of Wisdom that we may aspire to the things that last forever;

Teach us to be Your faithful disciples and animate us in every way with Your Spirit.

Amen.

FIRST DAY

Creation Awaits Fulfillment

Holy Spirit, Lord of light!

From Your clear celestial height, Your pure
beaming radiance give!

Almighty and eternal God, send forth Your Spirit, who brought order from chaos at the beginning of the universe, and peace to the Lord's disciples.

Grant that I, as your creation, baptized in your Spirit, may be filled with the seven gifts so that I may forever do your will and renew the face of the earth.

Amen.

Pray: *Our Father*, *Hail Mary* & *Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

SECOND DAY

Christ's Promise To Send The Paraclete

Come, Father of the poor!

Come, treasures which endure!

Come, Light of all that live!

Come, O Blessed Spirit of Holy Fear, fill me with devotion to God alone.

In the Risen Christ, I welcome You, O Spirit of truth, whom the Father sends in Jesus' name.

Wash clean the sinful soul, and rain down your grace that we may be one with the Church in fidelity to our Lord Jesus, Christ.

Amen.

Pray: *Our Father, Hail Mary & Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

THIRD DAY

The Soul Of Christ's Body, The Church

Thou, of all consolers, best, Visiting the
troubled breast

Dost refreshing peace bestow.

Come, O Blessed Spirit of Piety, possess my heart.

God, our Father, may I, through the grace of your Spirit, be forever filled with filial affection for you.

Grant that I may be inspired to love and respect all members of your family as brothers and sisters of Jesus, who, together with him, call you Abba, Father.

Amen.

Pray: Our Father, Hail Mary & Glory be

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

FOURTH DAY

The Dignity Of The Christian

Thou, in toil art comfort sweet; Pleasant
coolness in the heat; Solace in the midst of
woe.

Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity. O, Divine Trinity,
grant that we may be strengthened to see in ourselves and each other the dignity that is ours as temples
of Your Holy Spirit, to be loved by one another as each of us is loved by Jesus.

We ask this through Christ, our Lord.

Amen.

Pray: Our Father, Hail Mary & Glory be

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

FIFTH DAY

Gifted To Serve And Build Others Up

Light immortal! Light Divine! Visit Thou
these hearts of Thine, And our inmost
being fill!

Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father.

Father, through Your Spirit, You invite us to participate in the fullness of Creation.

Help me to see that all gifts are from You and intended for your Glory.

For there are many different gifts, but always the same Spirit, many ways of serving, but 'always the same Lord.

Amen.

Pray: *Our Father, Hail Mary & Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

SIXTH DAY

Human Weakness And Sinfulness

If Thou take Thy grace away, Nothing
pure in man will stay, All his good is
turn'd to ill.

Come, O Blessed Spirit of Understanding, enlighten our minds so that we may appreciate and see more fully what we know by faith.

Come to us in our weakness and give voice to our petitions, for "the prayers that the Spirit makes for God's holy people are always in accordance with the mind of God."

Pray: *Our Father, Hail Mary & Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

SEVENTH DAY

Growth In The Freedom That Love Gives

Heal our wounds - our strength renew; On our
dryness, pour thy dew; Wash the stains of
guilt away!

Come, O Blessed Spirit of Counsel. Make my thoughts holy, my love pure, and my works pleasing to God.

Father, guided by Your Spirit, may I strive to make loving choices and respect all life. May we be aware of our dignity as Your sons and daughters, redeemed with the Blood of Your beloved Son, Jesus Christ, Our Lord.

Amen.

Pray: *Our Father, Hail Mary & Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

EIGHTH DAY

Gifted Through The Spirit

Bend the stubborn heart and will; Melt the frozen, warm the chill; Guide the steps that go astray!

Come, O Blessed Spirit of Wisdom, strengthen my faith, increase my hope, perfect my charity.

Father, enlighten us each day, in the silence of our hearts, to discern the voice of Your Spirit, to do what He asks of us and to understand the gifts He freely gives us.

We ask this through Christ our Lord.

Amen.

Pray: *Our Father, Hail Mary & Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*

NINTH DAY

Sent With The Power To Reconcile

Thou on those who evermore,

Thee confess and Thee adore,

In Thy sevenfold gifts, descend;

Give them comfort when they die; Give them
life with Thee on high; Give them joys which
never end. Amen.

Father, through Jesus, Your Son, You sent the Paraclete to be at our side, to reconcile all Creation to you.

Grant that I may be forever open to Jesus' invitation to "Receive The Holy Spirit!" Father, open our hearts to accept Your forgiveness for our sins and to offer that same forgiveness to those who we feel have offended us.

For merciful forgiveness is the essence of Your love revealed in Your Son.

Come, O Divine Spirit, fill my heart with Your Heavenly Fruits - Your charity, joy, peace patience, benignity, goodness, faith, mildness and temperance, that I may, by faithful submission to your Inspiration, merit to be united eternally with You in the love of the Father and the Son.

Amen.

Pray: *Our Father, Hail Mary & Glory be*

Pray: *Act Of Consecration to the Holy Spirit & Prayer For The Seven Gifts of the Holy Spirit*