



Parish Handbook 2019 / 2020

St. Helen Catholic Church

2000 20th Street
Vero Beach, Florida 32960



Parish Office

2085 Tallahassee Ave.

Vero Beach, FL 32960

Phone: 772-567-5129

Fax: 772-567-1061

Hours of Operation: Monday thru Friday
9:00 a.m. - 4:00 p.m.

Email: Church@sthelenvero.org

Website: www.sthelenvero.org

Face Book: www.facebook.com/sthelenvero

St. Helen Mission Statement

The Mission of St. Helen Parish is to proclaim the good news of Jesus Christ through a loving community which strives to meet the spiritual and physical needs of its members. We invite all to join us in fulfilling the living words of Christ to: "Go then, to all people everywhere and make them My disciples." (Mt.28:19)

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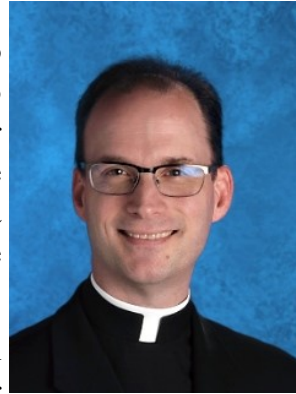
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A Message from Our Pastor

Dear Parishioners of St. Helen:

Welcome to our new parishioners who registered this past year and thank you to our current members for all you do for St. Helen Parish. This past year we enjoyed celebrating our 100 years as a Church community. Although we are thriving, we can always do more.



This coming year I ask you to focus on vocations, as this will be our theme for the upcoming season. Whatever your vocation, I will pray for you. Our goal this year is to incorporate prayer, as well as action, to promote religious life. I am confident that the Serra Vocations Ministry will assist parishioners to recognize, encourage and support potential religious vocations by introducing a culture of awareness for the children, adolescents and young adults of our parish.

Our faith and worship compel us to serve each other in so many ways, both inside the parish and in our community. If you are searching for a way to serve the Lord, perhaps one of our ministries would interest you. This handbook is a great resource describing the many opportunities our parish offers you to become active at St. Helen.

I ask that you reflect and pray on how you can commit yourself to serving God, St. Helen Parish, your fellow parishioners, and the local community.

Pax,

A handwritten signature in black ink, appearing to read "Fr. Kevin Nelson". The signature is written in a cursive, flowing style.

Very Reverend Kevin C. Nelson, V.F.
Pastor

Mass Schedule

Saturday Vigil 4:00 p.m. & 7:00 p.m. (Spanish)

Sunday: 7:15 a.m., 8:45 a.m., 10:30 a.m., 12:15 p.m., 5:00 p.m.

Weekdays (Monday thru Saturday): 7:30 a.m. & 8:30 a.m.

Nursery Sunday during the 10:30 a.m. Mass (Sept. thru May)



Confession

Saturday: 11:00 a.m. to 11:30 a.m. & 3:00 p.m. to 3:30 p.m.

Available by appointment, call 772-567-5129

Adoration of the Blessed Sacrament

In the Chapel each Monday following the 8:30 a.m. Mass
Rosary at noon, evening prayer 5:30 p.m. & Benediction 6 p.m.

Novena Prayers

Recited in honor of Our Lady of Perpetual Help following the
8:30 a.m. Mass every Tuesday.

The Sacrament of Anointing of the Sick

First Saturday of each month after the 8:30 a.m. Mass
or call the Parish Office 567-5129.

Rosary

The rosary is prayed each morning after the 7:30 a.m. Mass.

Pastor

Very Reverend Kevin C. Nelson, V.F.

Pastor Emeritus

Reverend Michael W. Edwards, P.E.

Parochial Vicars

Reverend Benedict Redito

Reverend Pierre-Soul Estefont

Deacons

Deacon Donald Battista

Deacon John Cunningham

Deacon Joseph J. DiMauro

Deacon David Hankle

Deacon Stanley Piasecki

Deacon Joseph Torres

Deacon Charles Weir

Parish Manager

Deacon David Hankle

Telephone: 772-567-5129, dhankle@sthelenvero.org

Director of Communications

Laura Lewis

Telephone: 772-567-5129, llewis@sthelenvero.org

Parish Bookkeeper

Anne Caron

Telephone: 772-567-5129, acaron@sthelenvero.org

Parish Receptionist

Dena Karnehm

Telephone: 772-567-5129, dkarnehm@sthelenvero.org

Maintenance Director

Tom Sangbush, 772-567-5129

Music Ministry & Liturgy Director

Dolores Mark

Hours by appointment 772-633-9776, dmark@sthelenvero.org

Outreach Assistance Office

Jim Poletis

Hours: Monday, Tuesday, Thursday & Friday
9:30 a.m. - 1:00 p.m. & Wednesday 7:30 a.m. - 1 p.m.

Telephone: 772-567-5193, jpoletis@sthelenvero.org

Religious Education Director

Paige Fies

1201 19th Place, Suite B302

Hours: Monday - Friday 8:00 a.m. - 4:00 p.m.

Telephone: 772-562-5954, pfies@sthelenvero.org

Director of Youth Ministry

Kendel Jordan

Telephone: 772-217-8412, kjordan@sthelenvero.org

St. Helen Catholic School Principal

Lisa Bell

2025 20th Avenue

Telephone: 772-567-5457, l.bell@sthelenschoolvero.org

Hispanic Ministries

Yolanda Cardenas

Hours: Monday - Friday 8:00 a.m. - 3:00 p.m.

Telephone: 772-567-5155, ycardenas@sthelenvero.org



St. Helen
Patroness of Our Parish
Feast Day: August 18

St. Helen was the mother of St. Constantine the Great and was born at Drepanum in Asia Minor to parents of humble means. She married Constantius Chiorus, and their son Constantine was born in 274. Constantius divorced her in 294 in order to further his political ambitions by marrying a woman of noble rank.

Helen was abandoned and left to live in exile; she suffered alone for many years. In 306, Constantius died and Constantine became Emperor. Constantine declared Helen an Empress and titled her Augusta. She used her high position and wealth in the service of her religious enthusiasm and helped build churches throughout the empire. She was noted for her selflessness and generosity. Helen gave tirelessly to the church, prisoners and the poor. In 324, Constantine had a great desire to find the True Cross, so at the age of 80 Helen led a group to the Holy Land to search for the Cross. She learned that the Cross was believed to be buried at the Temple of Venus. She ordered the pagan temple demolished and in the process, the tomb of Jesus was uncovered, as well as three crosses close at hand. In order to determine the cross on which the Savior had been crucified, she took the crosses to a woman afflicted with an incurable disease and had her touch each one. One of them immediately cured her and it was pronounced the True Cross.

While in Jerusalem, St. Helen performed a variety of good works, including giving money to the poor. She also ordered that all places connected with the life of the Lord and His Mother be free of all traces of paganism and directed that churches be built at each of these places. She gave the Cross to the Patriarch of Jerusalem for safe-keeping and took part of the wood and nails back to Constantinople.

St. Helen continued her journey to the holy places, building over eighty churches; at Bethlehem, the birth place of Christ, on the Mount of Olives, and at Gethsemane where the Lord prayed before His sufferings and where the Mother of God was buried. Emperor Constantine gave orders to build a church in honor of the Resurrection of Christ, but St. Helen did not survive to see the dedication of this temple. She died in 327. The church was completed in 335.

In art, St. Helen is shown holding the Cross as you can see from many statues and pictures that we display of our parish patroness.

St. Helen Parish History



Original Parishners

St. Helen was the first Catholic Church established in Indian River County. Missionary Reverend Rupert Gabriel of the Order of St. Benedict celebrated the first Mass in June of 1919 at the home of Anne and Louis Schlitt. Approximately twenty children and adults attended.

A wood frame church was completed in December of 1919.

Father Gabriel celebrated Mass every Sunday until poor health forced him to retire in 1926. This original church is now located just north of the Christian Living Center and currently serves as the school library.

In 1926, Reverend Michael Beerhalter, from Fort Pierce, succeeded Father Gabriel, ministering to the needs of parishioners. Father Beerhalter also tended to the needs of the parishioners of St. Anastasia in Fort Pierce.

The first resident pastor, Reverend Michael Mullally, was assigned in October 1929. Recognizing the need for a Catholic grammar school in Indian River County, he established St. Helen Catholic School. Three religious Sisters of St. Dominic of Adrian, Michigan, Sister Immaculata, O.P., Sister Anselm, O.P., and Sister William Ann, O.P., arrived in Vero Beach and the school opened on September 16, 1940 with an enrollment of 27 students. The original schoolhouse was located behind the church approximately where the Christian Living Center is located today.

Reverend Patrick O'Brien was assigned as pastor of St. Helen in 1950. Father O'Brien built a new rectory including parish offices and began construction on our present church. Religious Instruction for children not attending St. Helen School was begun and numerous fund-raising events were held to cover the cost of the \$250,000 church.



Father John F. McKeown oversaw the final phase of construction on the new church in 1954, when he assumed the role of Pastor. The stained glass windows, the pink marble, the Italian statues and many interior accents and pieces still found today were added at this time. The church was dedicated on March 6, 1955. The original church was converted into a Parish Hall. A new four room classroom building and convent were also constructed. The mission of St. William in Sebastian was established by Father McKeown.

Reverend Hugh J. Flynn served as pastor of St. Helen from 1964 to 1969. Under his administration, a weekly Bingo Night was established and the St. Helen Harvest Festival was created to instill a sense of community in the hearts of the parishioners. The festival opened on November 19, 1965 on the grounds of St. Helen and raised \$13,008, more than what was needed to pay for the \$12,000 air conditioning system in the church. The St. Helen Service Center, a multi-purpose facility, was constructed in Gifford and opened in 1967 to serve the underprivileged.

Reverend John B. O'Hare became the pastor of St. Helen in 1969. Under his direction the present Parish Center was built and opened in 1975. The statue of St. Helen was erected as a tribute to our first pastor in 1975.

Monsignor Irvine Nugent became pastor in 1976. Under his guidance, the Neighborhood Apostolate was created in 1977 to welcome and care for parishioners on a more intimate basis. Numerous ministries and programs were created focusing on faith enrichment, worship, service and continuing Christian Development. The expanding needs of the church community were addressed with the remodeling of the former convent building into the Christian Living Center. The Outreach Office was created as an extension of the Neighborhood Apostolate to expand parish life and serve the needy. A ministry program for the sick was also developed. St. Helen Parish became part of the Diocese of Palm Beach in October 1984. Monsignor Nugent passed away in April of 2014.

Father Michael W. Edwards became our seventh pastor in 1999. Under Father Edwards' direction, St. Helen Parish has dedicated itself to being a Stewardship Community. Father Edwards challenged the parish to live a life of discipleship and accept God's calling to be a community of faith focused on using individual time, talents and treasures to help better God's Kingdom.

In July of 2016, Father Kevin C. Nelson became the eighth pastor of St. Helen Parish following the retirement of Fr. Michael Edwards.



**The Diocese of Palm Beach Office of Safe Environments
is a Resource for Those in the Community**

The Diocese of Palm Beach is committed to the safety and protection of minors and vulnerable adults in its care.

Visit www.diocesepb.org/safe-environments for information on policy and procedures, education, background screening, real life and online safety resources, parenting tips, and helpful websites. The Diocese has implemented numerous procedures to minimize risk, build barriers, and continue to foster a culture of safe environment.



1.

PROTECTING GOD’S CHILDREN

All volunteers working with children and vulnerable adults are required to be fingerprinted for a background screening conducted through the Diocese of Palm Beach. Those working with children are required to attend the Protecting God’s Children seminar. Contact the Parish Office, 772-567-5129 for information on volunteering.

PLANNED GIVING

Planned giving is the opportunity to provide financial support to the parish through means other than the ongoing offertory collections. Donations can be made in line with an individual's will, through an annuity, through Estate Planning and other means. Gifts can be designated for a specific purpose within the parish and / or on behalf of a loved one.

Through Planned Giving you can assure both the long-term health of the parish's charitable and educational mission and the fulfillment of your personal financial objectives.

There are several ways to give:

- ◆ **Gifts of Real Estate**
- ◆ **Gifts of Stocks and Bonds**
- ◆ **Charitable Lead Trust**
- ◆ **Charitable Gift Annuity**
- ◆ **Charitable Retirement Trust**
- ◆ **Retirement Assets**

It is important to consult your financial planner or attorney or seek out a competent Estate Planning Attorney to assure your beneficiary designations will work in the desired method you have chosen.

Faith Direct

Faith Direct enables parishioners to make Church, weekly offertory and special collections through either direct debit from a checking / savings account or through a credit / debit card. Faith Direct also offers personalized offertory cards to replace your envelopes for the collection basket. Please visit the Faith Direct website **www.faithdirect.net** to enroll securely online. Our parish code is **FL683**.

Parishioners are encouraged to use this safe, secure means of supporting the parish. It also provides for increased efficiency in the office operations.



SACRAMENTS

BAPTISM

The baptism of your child is truly something to celebrate! We are so excited to welcome your child into the faith at St. Helen Catholic Church. Through baptism, we receive new life in Jesus Christ and begin our journey as Christians.

For Catholics, the Sacrament of Baptism is the first step in a lifelong journey of commitment and discipleship. Baptism is the Church's way of celebrating and enacting the embrace of God.

We joyfully celebrate baptisms in English on the first and third Sundays of each month, following the 12:15 p.m. Mass. Please contact the Religious Education Office at 562-5954 for further information and to schedule your child's baptism.

FIRST RECONCILIATION & FIRST HOLY COMMUNION

Welcome to this important time in your family's life with Jesus Christ and His Church. This preparation time for First Reconciliation marks another important step in your child's formation in the Catholic faith. It is our hope that your child will experience the forgiveness and healing of our loving God through this Sacrament many times. Classes are held in the fall of each year at St. Helen for 2nd graders, for both Reconciliation and Holy Communion, with the Sacraments celebrated in the Spring. You may call the Religious Education office (562-5954) for further information and to register your child. If your child is above 2nd grade level and has not yet celebrated baptism and/or First Reconciliation or First Holy Communion, we have a class for him or her. The sacramental life of your child is very important to us as a Church community, and we know it is important to you, too.

The Parish of St. Helen is your partner in this preparation, and is committed to supporting you in your responsibility as Christian parents.

CONFIRMATION

We utilize a program from Dynamic Catholic called Decision Point. The program is newly developed with the intention to not only prepare students in 8th & 9th grade to receive the Sacrament of Confirmation but to teach and inspire them to respond to and cooperate with God's grace in all the circumstances of their daily lives, long after their Confirmation has passed, while allowing parents and sponsors to engage in a process of renewal in their own faith journey. Under the guidelines of the Diocese of Palm Beach, Confirmation is a 2 year program beginning in 8th grade. Call the Religious Education office (562-5954) for more information and to register your child. We look forward to meeting you soon!

MARRIAGE

Couples contemplating marriage should contact our parish office as soon as they decide to marry and speak with a priest or deacon to begin their preparation and schedule the wedding date. Couples should plan to begin the necessary paperwork with a priest or deacon at least six months prior to the planned wedding date.

HOLY ORDERS

As a congregation, we fervently pray for an increase in vocations. If you are interested in learning more about the priesthood please call the Parish Office (772-567-5129) and schedule an appointment with one of our priests. For additional information contact Fr. Brian Lehnert, Director of Vocations for the Diocese of Palm Beach, 561-775-9552.

Promoting religious life is important to our parish. Consider joining the Serra Vocations Ministry at St. Helen. For more information see page 42 of this handbook.



ANOINTING OF THE SICK

The Anointing of the Sick gives grace to assist people who are sick, in order to ease their suffering, to pray for healing, spiritual and physical, and to allow the ministry of the Church to assist them in their suffering. All individuals facing serious illness, surgery, or decline in health or strength are welcome to contact the office for this sacrament. Monthly anointing of the Sick is scheduled for the first Saturday of each month after the 8:30 a.m. Mass or call the Parish Office, 772-567-5129.

St. Helen Catholic School

“Making Good Things Happen” Since 1940

St. Helen Catholic School is proud to be one of the largest ministries of St. Helen Parish. We are a coeducational elementary school serving students in grades kindergarten through eighth. Our student body consists of approximately 280 eager learners. A highlight of our curriculum is our 1:1 iPad program. Every student in the school is assigned their own iPad. We also offer Spanish from kindergarten through eighth with a high school level option in eighth grade. Our sports program includes soccer, volleyball, basketball, cross country, cheerleading, flag football, and golf. Additionally, we host more than fifteen clubs and extra-curricular activities including National Junior Honor Society. We are proud that year after year more than thirty students in grades four through eight are altar servers for the church.

Mission

The mission of St. Helen Catholic School is to provide a quality Catholic education that incorporates faith, academics, service, and leadership. Students are encouraged to be confident and productive learners who are “making good things happen.”

Vision

Building on our core strengths (faith development, reading, writing, and mathematics), St. Helen Catholic School will forge a new and powerful model of education with an emphasis on creativity, critical thinking, communication and collaboration with a focus on STREAM (science, technology, religion engineering, art, & math) education. A St. Helen Catholic School student will be inspired to reach his or her highest potential.

Educational Philosophy

St. Helen Catholic School is dedicated to the education of the whole child as a Catholic and a global citizen. With the support of home, church, and community, St. Helen is committed to providing an exemplary education that is academically challenging and empowers students to reach their full potential spiritually, intellectually, physically and socially.



Profile of a Graduate of St. Helen Catholic School

Graduates of St. Helen Catholic School will strive to become models of their faith, excel academically, serve the community, and lead with exemplary character.

In FAITH they will:

*Model Catholic Christian values
Share the teachings of Jesus Christ*

In ACADEMICS they will:

*Be well-prepared for high school
Think creatively and independently*

In SERVICE they will:

*Contribute to the well-being of others
Place the needs of others before self*

In LEADERSHIP they will:

*Exhibit integrity, honesty, and confidence
Lead by doing*



The work of St. Helen Catholic School is the work of our entire community. All successes have been and will continue to be the result of school families, parishioners, and the greater community working together to ensure that our school continues to offer a highly effective and rigorous academic program that is mission-driven and well managed. We invite all parishioners to join us in this faith-centered academic endeavor. We thank you for your time, talent and treasure. Every prayer, every minute, every dollar makes a difference and we are grateful for your support.

EDUCATION & FAITH FORMATION

How To Get Involved

BAPTISM PREPARATION

Purpose: Welcome and assist parents requesting the sacrament of Baptism for their child. Instruct parents and godparents in a deeper understanding of their responsibility for the faith formation of the child and to the church.

Responsibilities: Ability to present instructional sessions, Catechist training provided.

Time Commitment: Two hours per month. First Thursday of the month at 6:00 p.m.

Contact: Paige Fies, Director of Religious Education,
772-562-5954, pfies@sthelenvero.org

CHALLENGED ADULTS IN RELIGIOUS EDUCATION / CARE

Purpose: Religious education to mentally challenged adults, eighteen years and older. Teach the major aspects of the Catholic faith such as knowledge of the Holy Trinity, the Sacraments, the life of Christ, Blessed Mother, and Commandments, the Saints and Catholic prayers. Preparation for the Sacraments of Communion and Confirmation.

Responsibilities: Focus on special needs adults, ability to instruct students.

Time Commitment: Two to three hours on the first and third Wednesday of each month from September through May.

Contact: Gloria Timblin, 772-569-4002

CONFIRMATION SACRAMENTAL PREPARATION

Purpose: A two year program beginning with students in eighth grade. The Sacrament of Confirmation takes place typically in the spring of ninth grade. The purpose of this preparation is to assist young men and women to come into a deeper understanding of how the Holy Spirit works in their lives, in the life of our church, and how they can interact with the Holy Spirit to lead a life which will draw them into a closer relationship with our Lord Jesus.

Responsibilities: Classroom instruction, retreat day, service projects, and assist with meetings, depending on year of program.

Time Commitment: Depends on level of involvement and year.

Contact: Paige Fies, Director of Religious Education,
772-562-5954, pfies@sthelenvero.org

FAITH FORMATION / CCD

Second Grade Sacramental Preparation

First Reconciliation and First Holy Communion

Purpose: Assist parents and their second grade child to build upon the skills introduced in their first grade classes and enter a year of greater spiritual growth as they prepare for the Sacrament of Reconciliation and their First Holy Communion.

Responsibilities: Instruct children, Catechist Certification (training provided), Diocesan Protecting God's Children Certification.

Time Commitment: Two hours per week on Sunday mornings 8:00 a.m. - 10:00 a.m., September - November and January - April. Additional time for rehearsals.



Contact: Paige Fies, Director of Religious Education, 772-562-5954, pfies@sthelenvero.org

FAITH FORMATION / CCD

Non-Sacramental Grades

Purpose: Assist parents in the task of instructing their children in the beliefs, values and practices of the Catholic faith. Teach children the importance of being a follower of Jesus along with the key concepts of God, the Commandments, the Sacraments, the Works of Mercy, Blessed Mother, the Saints, Catholic prayers and the Church in a manner appropriate to their level of understanding.

Responsibilities: Instruct children, Catechist Certification (training provided), Diocesan Protecting God's Children Certification.

Time Commitment: Two hours per week on Sunday mornings 8:00 a.m. - 10:00 a.m., September - November and January - April.

Contact: Paige Fies, Director of Religious Education, 772-562-5954, pfies@sthelenvero.org

DIOCESAN SCHOOL OF CHRISTIAN FORMATION

Purpose: Our Palm Beach Diocese offers a series of studies for adult Catholics to more deeply experience the power and beauty of our faith. Topics include Liturgy, Sacraments, History, Ministry, Vatican II, Ecclesiology, and others. You will learn how our culture is being de-Christianized, and how you can be a faithful Catholic and better understand why the Church teaches certain things so that you can truly grow in your love of Jesus and His bride the Church.

Responsibilities: Interest in learning and experiencing the Catholic faith more deeply and wisely. *If interested in assisting with instruction we would be glad to review your qualifications.*

Time Commitment: Each year four subjects will be studied, two in the fall and two in the spring. Classes consist of 12 hours of instruction. The complete program is 12 subject areas, completed over the course of 3 years.

Contact: Carolyn Dean, 772-567-0682
jcdean1010@earthlink.net

MARRIAGE PREPARATION CLASS

Purpose: The Marriage Preparation Class allows couples contemplating marriage an opportunity, in a relaxed atmosphere, to reflect on individual personalities, in response to topics such as the Sacrament of Matrimony, communication, finances, spirituality, intimacy, and dreams and goals.

Responsibilities: A desire to help young couples develop a strong Christian foundation for marriage, through personal presentations and lecture.

Time Commitment: Two times per year on Saturdays from 8:00 a.m. - 4:30 p.m.

Contact: Paul and Patti Burgener, 772-999-3989 / 912-660-6663, pattieburgener@yahoo.com, or the Parish office 772-567-5129



RITE OF INITIATION OF CHILDREN / RCIC

Purpose: This class is designed for the child above second grade level who has not yet received Sacraments: Baptism, Reconciliation, Eucharist. In addition to his or her Sacramental preparation, students are given a foundational catechesis that will assist parents in the task of instructing their children in the beliefs, values and practices of the Catholic faith. Children are taught the importance of being a follower of Jesus along with the key concepts of God, the Commandments, the Sacraments, the Works of Mercy, the Blessed Mother, the Saints, Catholic prayers and the church in a manner appropriate to their level of understanding.

Responsibilities: Instruct children, Catechist Certification (training provided), Diocesan Protecting God's Children Certification.

Time Commitment: Two hours per week on Sunday mornings 8:30 a.m.-10:00 a.m., September - November and January - April. Additional time for rehearsals for receiving the sacraments.

Contact: Paige Fies, Director of Religious Education, 772-562-5954, pfies@sthelenvero.org

RITE OF CHRISTIAN INITIATION OF ADULTS / RCIA

Purpose: RCIA focuses on Christian initiation of adults through the reception of the sacraments of Baptism, Confirmation and the Eucharist. Sessions focus on the teachings of the Church and prepare individuals for the Catholic way of life.

Responsibilities: The RCIA team member displays the gift of hospitality and a welcoming spirit while sharing his or her love of the Catholic faith and Church. A group facilitator will share his or her faith and knowledge of the Catholic Church. An RCIA sponsor and prayer partner will "journey" with the catechumens and candidates. Retreat team members will plan and execute a one day retreat at the culmination of our year.

Time Commitment: Ninety minutes weekly. Meet at the 8:45 a.m. Sunday Mass. After Mass, class begins. Meetings are September through mid December, then January through April. A printed schedule will be available through the Religious Education Office.

Contact: Paige Fies, Director of Religious Education, 772-562-5954, pfies@sthelenvero.org or Deacon Charles Weir, 772-567-5129, ww@sthelenvero.org

VACATION BIBLE SCHOOL

Purpose: Teach and nurture children, parishioners or visitors, entering Pre-K through sixth grade, on the love of Jesus Christ through the use of Bible stories, songs, games, crafts and snacks.

Responsibility: Ability to instruct students in a creative manner, enthusiasm, ability to evangelize by spreading the word of God to His precious children, artistic ability, carpentry skills to help build props, responsible teens (entering grades 8-12) to assist where needed. Training and background screening required and provided.

Time Commitment: Varies on preparation work which begins in February. One week morning program June 15 - 19, 2020.

Contact: Paige Fies, Director of Religious Education, 772-562-5954, pfies@sthelenvero.org



LITURGICAL & WORSHIP

ALTAR SERVERS

Purpose: Provide boys and girls fourth grade and older to assist the priest at Mass and other religious services.

Responsibilities: Dependability, assist priests at Mass, reverence in performing duties, respectful of people around you.

Time Commitment: Weekend Mass approximately every third week. St. Helen students serve weekday Masses during the school year four to five times per year. Servers attending other schools serve weekday Masses during the summer. Teams are rotated so that servers are not assigned the same Mass all the time. New server training is forty minutes, one day per week for eight weeks.

Contact: Deacon Charles Weir, 772-743-0044
wweir@sthelenvero.org



ALTAR SOCIETY

Purpose: Care for and attend to the altar, sanctuary and sacristy areas.

Responsibilities: Work on teams and care for altar, flowers, sanctuary and sacristy; seasonal decoration.

Time Commitment: Monthly schedule. Saturdays after the 8:30 a.m. Mass for about 1 hour.

Contact: Karen Egan, 772-567-5660, Karen_Egan@att.net or Clare White, 772-567-7064, wgeorgeclara@bellsouth.net

EXTRAORDINARY MINISTERS OF HOLY COMMUNION AT MASS

Purpose: A devotion to Jesus and the belief that He is fully present in the Eucharist.

Responsibilities: Distribution of the Eucharist at our liturgies.

Time Commitment: Varies depending on schedule. Training is provided quarterly.

Contact: Sandra Lackas,
772-532-5230
slackas@bellsouth.net



LECTORS

Purpose: Proclaim the Word of God at all parish liturgies.

Responsibilities: Attend annual lector training and retreat.

Possess a strong, clear speaking voice.

Time Commitment: Serve on a lector team and be assigned to a particular Mass, be available to assist on Holy Days, or to serve as a substitute when called upon.

Contact: Millie Del Grosso, 772-713-0531
MillieDelG@gmail.com

USHERS

Purpose: Dedication, friendliness and willingness to help others and serve the Lord.

Responsibilities: Welcome, show comfort, assist and serve the priest and those attending Mass.

Time Commitment: Assigned to a specific Mass on a rotating schedule.

Contact: Art Noriega, 772-473-1433
ArthurNoriega@icloud.com.

MUSIC MINISTRY

Purpose: St. Helen Music Ministry provides beauty, joy, comfort and inspiration for our liturgies and festive celebrations through the musical gifts, generosity and commitment of its members.

Responsibilities: Participate in rehearsals and provide music for various liturgical celebrations.

Adult Choir: Serves 8:45 a.m. Sunday Mass and other celebrations. Rehearsals are on Wednesday nights at 6:30 p.m. and Sundays at 8:15 a.m. prior to Mass.

Celebration Choir: This group will provide music for special celebrations in our Church. It is intended to give our Music Ministry some diversity with more challenging choral selections and opportunities to heighten our musical experience at Mass. Rehearsals are Wednesday evenings prior to upcoming celebrations as needed.

Children's Choir: Open to all parish children and will serve the 10:30 a.m. Sunday Mass throughout the school year. Rehearsals are at 10:00 a.m. prior to Mass on Sundays.

St. Helen Student Choir: This lively group serves the School Mass. Rehearsals are during lunch period and prior to Mass.

Contemporary Choir: The 5:00 p.m. Sunday Mass will blend music from the traditional to the more contemporary selections available from many varied composers. Rehearsals are on Sundays at 3:30 p.m. prior to Mass.

Contact: Dolores Mark, Music Director, 772-633-9776
dmark@sthelenvero.org



SPIRITUAL LIFE & PRAYER

BIBLE STUDY - COME AND SEE

Purpose: Saint Helen's Bible Studies enable men, women, and children to study Sacred Scripture, using the "*Come and See ~ Catholic Bible Study*," the Bible, and *Catechism of the Catholic Church*. We will study "*Romans and Ephesians*" in 2019–2020.

Responsibilities: Pray to the Holy Spirit, watch a 25 minute video presentation, and then go over your answers to the home study questions in a small group discussion. Books are available for \$25 for adults, \$10 for children. Scholarships are available. Everyone is welcome. No experience is necessary.

Time Commitment: Each weekly session, from October to April, is about an hour to 75 minutes. Participants also spend some time at home preparing for next week's lesson.

Women and Children:

Ages 3+ are welcome on Tuesdays from 9:15 a.m. until 10:30 a.m. Children learn about Jesus through stories and crafts, while their mothers study and share.

Contact: Laura McGarry, 772-539-2250

mcgarryL@bellsouth.net,

Melanie Boles, 772-538-9132, SalveRegin@earthlink.net

Men, Women, Teens, & Young Adults

Are invited to the Tuesday evening study in the Parish Hall 7:00 p.m. to 8:15 p.m.

Contact: John McHugh, john@jjmchughlaw.com, or

Laurie Manhardt, 772-321-4034, CatholicBibleStd@aol.com

Men's Morning Bible Study

Meets Thursdays 6:45 a.m. – 7:45 a.m. at the Knights of Columbus Hall (923 19th Place)

Contact: Jim Manhardt, 772-321-3886

CathMenforJesus@aol.com

Martin Bireley, 205-999-4162

mbireley@hotmail.com

Jim Paige, 772-713-1235

jimpaige@comcast.net



BIBLE STUDY / WOMEN'S

Purpose: Provides enrichment of daily life through a better understanding of scripture in an environment of mutually supportive women.

Responsibilities: Interest in Sacred Scripture and sharing within the group and have the desire to learn more about the Catholic faith.

Time Commitment: Wednesday mornings (year-round) after the 8:30 a.m. Mass for one hour (9:15 a.m. - 10:15 a.m.). A minimum of an additional hour at home will be required to prepare for the next class.

Contact: Diane Hankle, 772-321-3911
Virginia Gallo, 772-770-2211, virginiagallo@comcast.net

CHARISMATIC PRAYER GROUP

Purpose: To encourage people to look into and embrace a deeper faith and a lively commitment to living with joy and confidence as a fruit of having experienced the Baptism in the Holy Spirit. The Baptism in the Holy Spirit awakens graces received in Sacramental Baptism and Confirmation, and brings with it a love of Holy Scripture and prayer, a dynamic desire to cooperate fully with God's will, and heart of service. The result is that one desires and enjoys praising the Lord in song and glorifying Him in service to others.

Responsibilities: Openness to the Holy Spirit! Willingness to pray for others, musical ability, hospitality (welcome people and serve refreshments), planning for worship, offering short teachings, preparing written cards for mailing, maintaining database, setting up and taking down chairs, tables and sound equipment each week.

Time Commitment: Two hours per week for members, more for musicians (rehearsals, set up and break down). Meets year-round. On the 1st, 2nd, 4th, and 5th Thursday of the month meetings are in the Parish Center from 7:00 p.m. to 8:30 p.m. On the 3rd Thursday of the month there is a Healing Mass in the Church, with Praise and Worship prior to Mass, and healing prayer afterwards.

Contact: Carolyn Dean, 772-567-0682
sthelenprayergroup@earthlink.net
Deacon Joe DiMauro, 772-562-3564, jdimauro@sthelenvero.org

WELCOME CHRIST RENEWS HIS PARISH / CRHP

Purpose: WELCOME Christ Renews His Parish (CRHP) is a spiritual renewal process which calls together the members of the parish – clergy and laity – in order to experience personal conversation and Christian community in the environment of our own parish. In the context of personal rebirth and parish revitalization, it is evangelization, catechesis, spiritual information, sharing, and lay ministry, as well as Christian community building. CRHP is centered around retreats given BY men and women of the parish FOR men and women of the parish.

Responsibilities: The only requirement to participate in a WELCOME Christ Renews His Parish weekend is to be a registered parishioner of St. Helen Church, with a desire for personal spiritual renewal.

Time Commitment: One Saturday through Sunday afternoon weekend renewal retreat and two hour gatherings for team formation for hosting the next weekend retreat (approximately 15 sessions).

Contact: Carl Novelli
(WELCOME CRHP Continuation Committee), 954-648-5140
crhp@sthelenvero.org
Parish Office, 772-567-5129



FOCOLARE

Purpose: Formerly known as the Work of Mary. Its mission is the fulfillment of Jesus' prayer to the Father, "That all may be one." For more information visit www.focolare.org.

Responsibilities: Each month a sentence from Scripture with a commentary and guide for inspiration for daily living is received. Participants share their experiences of how they have lived The Word of Life and the fruits they have received.

Time Commitment: As much as one desires.

Contact: Linda DuBois, 772-205-9036, imdVB@aol.com.

MEN'S DISCIPLESHIP

Purpose: To further develop the spiritual lives of the men of St. Helen through a deepening of their personal relationship with Jesus, formation of relationships with one another, and training in discipleship. There are three groups which meet, each offering a slightly different opportunity for spiritual development, based on our call to know, love and serve our Lord by knowing, loving and serving one another. Each of the groups is described briefly below.

Responsibilities: Desire for spiritual fellowship, growth and development.

Time Commitment: One (plus) hours per week and commitment to work on spiritual life.

Monday 7:00 p.m.- 8:30 p.m. Small group discussion on scripture and Church writings.

Wednesday 6:15 a.m. - 7:30 a.m.. Meeting includes breakfast, DVD presentation, and small group discussion.

Saturday 8:00 a.m.- 9:15 a.m.. Reading and small group discussion on Catholic literature.

Contact: Randy Brennan, 713-6436, hrb@veroattorneys.com

Liam O'Brien, 772-473-7131, liamaob01@gmail.com

Mike Walther, 772-559-2493, mpw13@att.net

NOCTURNAL ADORATION

Purpose: The Nocturnal Adoration Society promotes devotion to Jesus Christ in the Blessed Sacrament. The Society's threefold purpose is:

- ◆ *To provide a fervent response to Christ's invitation to keep prayerful vigil with Him.*
- ◆ *To deepen the experience of communion with Christ Eucharistic as He continues self-offering.*
- ◆ *To live more consciously and actively the full significance of the Eucharist as the sacrament of charity and unity for the Church and the world.*

Time Commitment: First Saturday of each month at 5:00 p.m. for one hour in the Church.

Contact: Deacon Charles Weir, 772-473-0044

wweir@sthelenvero.org

SECULAR FRANCISCAN ORDER DIVINE MERCY FRATERNITY

Purpose: The Secular Franciscan Order is an official Order within the Catholic Church, established by St. Francis of Assisi himself, early in the thirteenth century. Divine Mercy Fraternity is the local Fraternity, part of many Fraternities world-wide. To become a member, the applicant (men, women, single or married) must discern a Vocation and be a devout Catholic.

Responsibilities: Ordinarily, we do not live in community; rather we live with our families and perform our jobs out in the world, gathering in fraternities on a regular basis. By profession we promise to follow a Rule of Life approved and confirmed by Pope Paul VI. For more information visit www.dmf-ofs.org.

Time Commitment: 2-3 hours per month, sometimes more. Personal prayer (Liturgy of the Hours) adds 1-2 hours per day. Meetings are the second Sunday each month from 2:00 p.m. - 4:00 p.m.

Contact: Fred Schaeffer, OFS, Fraternity Minister, 772-794-5436, fredsfo2@gmail.com or Helen Calderone, OFS, Vice Minister, 772-794-2404, epchfc@comcast.net



PARISH FAMILY LIFE

COUNCIL OF CATHOLIC WOMEN / CCW

Affiliation with the National Council of Catholic Women

Purpose: St. Helen CCW supports, educates, and empowers all Catholic women in spirituality, leadership and service. Our programs respond with Gospel values to the needs of the Church and society in the modern world. St. Helen CCW is an affiliate of the National Council of Catholic Women, the Florida CCW, and the Palm Beach Diocesan CCW.

Events & Activities: St. Helen CCW serves and supports our community in various ways throughout the year. Our CCW fundraising events include the Fall and Spring Card Parties, a Spring Fashion Show and Chocolate Sunday. Our donations and fundraising funds have benefited the Angel Program, Samaritan Center for the Homeless, Women's Care Center, St. Helen Harvest Festival, St. Helen Catholic School (Adopt and Class & Scholarship fund), Outreach, Youth on a Mission, St. Helen Vacation Bible School and the Annual Parish Thanksgiving Dinner just to name a few! We also meet annually with our legislators during the Catholic Days at the Capitol.

Time Commitment: We promote a variety of programs and projects, enabling each member to lead or participate as she chooses.

Meetings: St. Helen CCW meets the first Tuesday of the month from September – May at 9:30 a.m. at the Knights of Columbus Hall (923 19th Place, Vero Beach).

Contact: Ellen Elia (President), 772-217-2490
ellenelia.ccw@gmail.com
Laura Lewis (Vice President) 772-567-5129
llewis@sthelenvero.org



DIVORCE GROUP

Purpose: The St. Helen Divorce Group is for men and women seeking healing from divorce. We meet weekly on Thursday evenings for 1.5 hours. The group was started to bring hope and healing to those who have experienced the pain and loneliness of a broken marriage.

Event / Activities: The classes are divided into two or three "12 week sessions" per year and follow the teachings of the Catholic Church. We discover a deeper understanding of God's love for us, while praying and helping ourselves & others. Regular meetings are held on the St. Helen campus, socials vary in location.

Time Commitment: During the 12 week sessions there is the weekly 1.5 hour meeting and a small amount of reading and questions for homework. In between the 12 week sessions we continue to meet on Thursday evenings for socials (movies, picnics, etc.) if you would like to join us.

Contact: Dena Karnehm, 419-706-2022
dkarnehm@sthelenvero.org
or call the Parish Office, 772-567-5129

GREETERS

Purpose: Welcome everyone with a smile and open the Church door for them.

Time Commitment: 15 minutes at the weekend Mass you regularly attend.

Contact: Edwin Rojas, 772-321-7447, gluke241335@gmail.com

HOSPITALITY MINISTRY / ANGELIC CAFE

Purpose: Provides light refreshments after the 8:45 a.m. and 10:30 a.m. Masses September through May.

Responsibilities: Set up and break down hospitality station. Have a friendly and outgoing personality and ability to greet parishioners. Make coffee and pick up pastries.

Time Commitment: 5 hours on Sunday morning with alternating teams.

Contact: Tina Franke, 772-569-4769
mamafranke13@gmail.com
Julie Stroh, 772-567-1045

KNIGHTS OF COLUMBUS

MOTHER OF PERPETUAL HELP COUNCIL 5629

Purpose: Promote the principles of charity, fraternity, unity, and patriotism while providing considerable service to the parish and insurance benefits to fraternal members.

Responsibilities: Men: dedication to service and the Catholic faith. All council activities, fund raisers, special dinners, pancake breakfasts are highlighted in the weekly parish bulletin.

Time Commitment: Minimum of two hours per month plus volunteering as needed. Meetings are held the third Wednesday of every month. Dinner is at 6:00 pm., Rosary 6:45 p.m. and meeting at 7:00 p.m. at the Monsignor Nugent Hall 923 19th Place, Vero Beach.

Contact: Mike Rose, 860-933-3141, mikerose102@gmail.com
Ron Hunkapiller, 914-536-0248, rhunk49@gmail.com



KNIGHTS OF COLUMBUS, FOURTH DEGREE

FATHER CHARLES D. BRADY ASSEMBLY

Purpose: We are a faith filled, Cross-Council organization of the Knights of Columbus, designated as the Fourth Degree, the highest degree, embodying patriotism, to reflect the love of one's country. We also share with all Brother Knights the principles of Charity, Unity and Fraternity, bearing witness to the Gospel message of love through works of charity, by assisting those who are in need.

With true humility, we recognize that we are also unique, with diverse gifts from God and that as Christ's disciples, we are to develop these gifts of time, talent and treasure to nurture and strengthen our families, our community, our nation and our world. Our motivation follows Christ's example of charity and forgiveness so that the name - Knights of Columbus - will have a truly lasting meaning.

Responsibilities: Dedication to the Knights of Columbus principles of Charity, Unity, Fraternity and Patriotism; must be a third degree in good standing seeking membership.

Time Commitment: Two or three hours per month, additional time required for fundraisers or special events. Meetings are the last Thursday of each month, starting with the Holy Rosary, promptly at 11:30 a.m. at the Monsignor Nugent Hall, 923 19th Place, Vero Beach.

Contact: Hans Due, Faithful Navigator, 954-856-5010
Hansdue@aol.com

LADYBUG BOUTIQUE

Purpose: Members meet as a craft group to make items to sell in support of St. Helen School.

Responsibilities: Sewing, painting, knitting, quilting and crafts.

Time Commitment: Ladybugs meet year round (except in December) on Wednesday mornings from 8:30 a.m. - 11:00 a.m. in the Cottage. We host a booth at the Harvest Festival and have sales throughout the year. There is no mandatory commitment, come when you want.

Contact: Karen Egan, 772-567-5660, Karen_Egan@att.net
Phyllis Gardiner, 772-643-6676
phyllisgardiner@bellsouth.net

MARRIAGE & FAMILY MINISTRY

Purpose: The mission of the Marriage and Family Ministry is to enrich family life by providing programs and resources that offer information, education, healing and support. By working directly with families and in conjunction with the parish Religious Education Office, we are dedicated to assist in addressing the ever evolving needs of the families of our parish.

Responsibilities: Desire and interest to support the growing needs of families, be they spiritual, physical or emotional.

Time Commitment: Ability to work on various programs throughout the year with other active couples. Commitment can be limited based upon couple availability.

Contact: Paul and Patti Burgener, 772-999-3989 or 912-660-6663, pattieburgener@yahoo.com
Deacon Dave and Diane Hankle, 772-567-5129, dhankle@sthelenvero.org

NURSERY

Purpose: Provide a safe, caring and playful environment for our youngest parishioners, thereby allowing parents to fully participate in Mass without worry.

Responsibilities: Committed, caring, patient and kind adult and student volunteers. Background screening & Diocesan Protecting God's Children certification provided.

Time Commitment: One - two Sundays per month for approximately 2 hours during the 10:30 a.m. Mass. Nursery is located in the school library.

Contact: Paige Fies, 772-562-5954, pfies@sthelenvero.org
Rachel Noel, purplebutterflynoel@gmail.com.



ST. HELEN YOUTH ON A MISSION

Purpose: Inviting high school students to a deeper focus based on the Beatitudes and Corporal Works of Mercy to serve others. A summer mission trip is planned each year in partnership with Catholic Heart Youth Camp or Alive in You organizations. High school graduates and young adults are invited to attend a summer Bahama Mission trip.

Responsibilities: Leadership training, planning meetings and fundraising are needed to prepare for a successful mission trip.

Time Commitment: As needed based on programs, fundraising and special projects.

Contact: Richard Schlitt, 772-562-2856, richschlitt@gmail.com
Maureen Leu, 772-473-8401, mleu1964@gmail.com

YOUNG ADULT MINISTRY

Purpose: We welcome young adults, ages 18-30, Catholic or curious, who are seeking authentic community, real conversations, shared adventures, and encouragement through the journey of being a Christ-follower in today's world.

Events & Activities: Join other young adults from around the diocese for various fellowship, service, and spiritual formation opportunities. We often meet for meals and activities in the local community. We also help to organize trips to larger events and retreats. There is the opportunity to join our youth ministry team and serve as a "big brother or sister" to the teens in middle and high school. Please make sure that you are on our email list, added to our GroupMe texting group, or following us on Face Book (@sthelenyoungadultministry-verobeach) for updated announcements.

Time Commitment: We host a weekly Bible study and aim for at least one large social event a month (i.e.: bowling, kayaking, brewery, beach day, festival, retreat, etc.).

Contact: Kendel Jordan, 772-494-9837
kjordan@sthelenvero.org

Brendan Quinlan, 772-594-9987, brendanquinlan1@gmail.com

YOUTH MINISTRY

Purpose: We aim to be a Christ-centered, relational ministry accompanying young people on the path to intentional discipleship.

Events & Activities: Regular topic nights featuring games, projects, and reflection. There are also opportunities for small group discussion, Bible study, field trips, and retreats. We work closely with other ministries such as St. Helen Youth on a Mission (YOAM) to help complete local service projects and an annual summer mission trip.

Time Commitment:

High School (grades 9-12): Meet after the 5 p.m Sunday Mass.

Middle School (grades 6-8): Gather every other Friday 6 p.m. to 8 p.m.

Our schedule adjusts during holidays and the summer and we also host other events throughout the year. Please make sure you are on our email list or following our social media pages for details and announcements:

Face Book: St.HelenYouthMinistry

Instagram: shvbyouth

Adult and young adult volunteers are needed for a variety of different roles and time commitments (prayer team, meals, mentoring, event set up). Please contact us to discuss how your time and talents may be used to glorify God through the Youth Ministry!

Contact: Kendel Jordan, 772-494-9837
kjordan@sthelenvero.org



SERVICE & STEWARDSHIP

CATHOLIC CHARITIES - DIOCESE OF PALM BEACH

Purpose: Catholic Charities of the five-county Diocese of Palm Beach respects life in all its stages. In living our faith we create hope for people in need, without regard to religion. Through our programs and ministries, we empower individuals, deliver social services and collaborate with others in building just and compassionate communities, 561-775-9560.

CATHOLIC HIGH SCHOOL TUITION ASSISTANCE

Purpose: Provide tuition assistance to families of St. Helen who desire to send their children to a Catholic High School. Scholarships are based upon need and families must apply and be active participating members of St. Helen.

Responsibilities: Have an interest in Catholic education and serving youth. Members are asked to participate in the interview process and some fund raising.

Time Commitment: Four to five meetings starting in late January and finishing in late May.

Contact: Teresita Collins, 772-569-0577

CONSOLATION MINISTRY - When a Loved One Dies

As a community of faith, we share in the sorrow of the loss of a loved one. It is the purpose of the Consolation Ministry to help you through this difficult time especially regarding arrangements with the Church.

Once you have selected a funeral home, the funeral home will call the church office to arrange for a date and time for the Funeral Mass, Memorial Mass, Funeral Home Service or Graveside Service. This date and time must be established prior to any other arrangements with the church to ensure that a priest or deacon is available. You will then be contacted by the Consolation Ministry representative to meet for a consultation to make the necessary preparations for the celebration of the Funeral Mass or Memorial Service.

If you are not utilizing the services of a funeral home and are working directly with a crematory, you will need to call the church office to set the date and time for the Funeral Mass, graveside service or prayer service. You will then be contacted by the Consolation Ministry representative to meet for a consultation to make the necessary preparations for the celebration of the Funeral Mass. Parish Office 772-567-5129

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Homebound Ministry and Hospital Ministry

Purpose: Compassion, kindness and love of the Eucharist.

Responsibilities: Distribution of the Holy Eucharist to parishioners who are confined to their homes and the hospital. You choose which area to serve.

Time Commitment: As desired. Training, commissioning and background screening provided.

Nursing Home Ministry

Purpose: Compassion, kindness and love of the Eucharist.

Responsibilities: Distribution of the Holy Eucharist to parishioners who are in nursing homes and assisted living facilities.

Time Commitment: As desired. Training, commissioning and background screening provided.

Contact: Cheryle Mackie, 772-643-5966, Camackie@aol.com

FINANCE COMMITTEE

Purpose: Fulfill a diocesan requirement concerning the accounting and financial reporting of St. Helen Parish.

- ◆ *Review and monitor financial operations.*
- ◆ *Review accounting function, internal controls, monitor the parish's profit and loss statement, balance sheet and capital expenditures.*
- ◆ *Assist in preparation of an annual budget, including capital needs.*
- ◆ *Report to the parish on no less than an annual basis, the yearly budget and financial operation results.*

Responsibilities: Some understanding of financial statements, insight into operating suggestions, strong stewardship commitment.

Time Commitment: One meeting per quarter based on a mutual agreed upon schedule.

Contact: Deacon Dave Hankle, 772-567-5129, dhankle@sthelenvero.org

GRIEF SUPPORT

Purpose: Several times in all of our lives events occur that make us very sad or uncomfortable, and we think, “What am I going to do?” We ponder these events and ask, “why?” Only God knows the answer. The Grief Ministry does not attempt to counsel you. We are a group of individuals who have been in similar situations and support each other with thoughts and ideas. We don’t ask probing questions, and there are no obligations. You can just sit and listen if you wish.

Responsibilities: Provide love and support for those grieving.

Time Commitment: One hour twice per month on the second and fourth Tuesday from 11:00 a.m. - noon.

Contact: Tina Franke, 772-569-4769

mamafranke13@gmail.com

Mike Kiefer, 772-492-9101, counselor4u@yahoo.com

HARVEST FESTIVAL

Purpose: To offer an annual fun-filled, family focused festival for the whole community to enjoy, while providing an opportunity for the entire parish family, including everyone within our community, to come out to the festival and create together an occasion of fantastic fun, fabulous food, and fine fellowship.

Responsibilities: Assemblers, decorators, painters electricians, booth and concession workers, food preparers, ticket sellers, bakers, crafters, delivery people, organizers, and disassemblers.

Time Commitment: The festival can use help before, during and after the actual event which takes place at Historic Dodgertown the week before Thanksgiving.

Contact: Melissa Frandsen, 772-538-4563

Mzfrandsen@gmail.com

OUTREACH OFFICE

Purpose: A ministry that is supported by the love and generosity of St. Helen parishioners’ donations which allow us to assist those who are in financial need, while always demonstrating love and concern.

Responsibilities: Willingness and commitment to assist those less fortunate, ability to move boxes, stock shelves, listen to and assist clients.

Time Commitment: Varies. Office hours: Mon/Tue/Thur/Fri 9:30 a.m. - 1 p.m. & Wednesday, 7:30 a.m. - 1 p.m.

Contact: Jim Poletis, 772-567-5193, jpoletis@sthelenvero.org

PARISH NURSE AND WELLNESS

Purpose: A parish-based health ministry which cares for the whole person, mind, body and spirit, and arises from the needs of the parish. It is realized through the talents of a registered nurse, trained and certified by Catholic Charities of the Diocese of Palm Beach. Services include counseling, health education, health advocating, referrals and spiritual care counseling.

Responsibilities: Must have health background, R.N, C.N.A, physical and respiratory therapist to participate in home visits and scheduled educational programs, grief counselors.

Time Commitment: As needed.

Contact: Lorraine Aprile, ljaprile@bellsouth.net

Wendy Harper, 215-300-5852, WendyHarper45@yahoo.com

PRAYER BLANKET MINISTRY

Purpose: To pray as we create handmade “Prayer Blankets” to be given to a person with a particular need. It may be during a time of stress, serious illness, medical treatment, bereavement or at any time when comfort and prayer are needed. As each lap blanket is created, its maker is in prayer for the receiver of the blanket. Prayer blankets are available at the Parish Offices. Although the blankets are not sold, a donation to our ministry is gratefully accepted to purchase materials to continue the “ripple effect” of unconditional love.

Responsibilities: Compassionate people who wish to provide a loving gift for someone who is hurting. Ability to trace, cut and / or assemble blankets while praying for the Lord’s love and mercy for the recipient of the blankets.

Time Commitment: Varies.

Contact: Jackie Hunter

772-567-4175

grandmajackiehu@comcas.net

Clare White, 772-567-7064

wgeorgeclara@bellsouth.net



PRISON MINISTRY

Purpose: To bring Christ to those inmates in Indian River County Jail through prayer and listening; to facilitate them with the offering of Reconciliation and the Eucharist.

Responsibilities: Members must be committed to prayer and listening to the Holy Spirit in a one-on-one setting with an inmate; ministers must be Catholic; there is a mandatory training course and background investigation by the Indian River County Sheriff's Office. Men meet with male inmates, women with female inmates.

Time Commitment: Visits each Tuesday 6:00 p.m. - 8:00 p.m. year round. Every six months all members meet to plan visitations.

Contact: John Matthews, 772-321-8689 or 772-569-5696
matthewsjohn777@gmail.com
Virginia Gallo, 772-559-6936 or 772-770-2211
viriniagallo@comcast.net.

RESPECT LIFE

Purpose: As the local chapter of the Respect Life Office of the Diocese of Palm Beach, the goal of the ministry is to draw attention to the issues that threaten the sanctity of life from conception to natural death through dedication to prayer, education and action.



Responsibilities: We strive to acquire and share the most current information regarding all aspects of life-threatening issues. Multiple events are sponsored annually, including a Rosary Prayer Service, and a community wide ecumenical "Stand for Life". We promote the national "40 Days for Life" campaigns twice per year. We sponsor the annual St. Helen Baby Bottle Campaign, and conduct fund-raisers to support pregnancy care centers and agencies that support new mothers and their babies.

Time Commitment: We meet on the second Saturday of each month at 9:15 a.m. - 10:30 a.m. August through June. We support parish-wide activities and events.

Contact: Marie Ferretti, 772-567-7679 or 772-473-9269
maf595@bellsouth.net or
Susan Baldwin, 848-459-7165 or 772-205-2120
SusanBaldwin1009@gmail.com.

ROSARY MAKERS FOR PEACE

Purpose: Being faithful to Mary, the Mother of God, by creating rosaries for missions all over the world, for the school, hospitals, families and all in need.

Responsibilities: Time and willingness to learn to tie knots and string the beads.

Time Commitment: One hour per week each Thursday from 9:00 a.m. - 10:00 a.m. September through May.

Contact: Lorraine Jorge, 772-559-0951
Lorraine_Jorge@yahoo.com

SAMARITAN CENTER

Purpose: We offer long-term transitional housing and guidance to the homeless families in Indian River County, and prepare them to live independently.

Contact: Renee Bireley, Program Administrator, 772-770-3039
rbireley@ccdpb.org.

SERRA VOCATIONS MINISTRY

Purpose: To help all parishioners to recognize, encourage and support potential religious vocations. Introduce and create a culture of religious vocation awareness for the children, adolescents and young adults of the parish. To have this mission result in priestly and religious vocations from St. Helen Parish and Indian River County.

Time Commitment: Committee members meet the second Tuesday of each month from 11 a.m. to Noon. Volunteer time commitment varies.

Events & Activities:

- ◆ Mass for Vocations is at 8:30 a.m. the 2nd Wednesday of each month at St. Helen Church.
- ◆ Eucharistic Adoration is the first Friday of the month in the Eucharistic Chapel at Holy Cross Church.
- ◆ National Vocation Awareness Week celebrations.
- ◆ Sponsorship of the St. Helen Altar Server Appreciation Dinner
- ◆ Trips / Tours to St. Vincent de Paul Regional Seminary in Boynton Beach, FL

Contact: Maxine Gallagher, 772-257-5713
trinitymg517@gmail.com

SOCIETY OF ST. VINCENT DE PAUL

Purpose: The Society of St. Vincent de Paul helps people in our community by operating a thrift store. We have a total volunteer staff and the funds raised help people in our own community. We assist with utility bills, prescriptions, clothing and household items. We work closely with local agencies helping those in need.

Responsibilities: Volunteers help us help others by receiving donations, sorting, pricing, doing repairs, cashiering, maintenance and picking up donated items.

Time Commitment: A three hour shift per week, or more if your time permits. The location is 1745 14th Ave, Vero Beach. Open Monday, Wednesday, Friday and Saturday from 9:00 a.m.– 3:00 p.m. (Closed Tuesday and Thursday).

Contact: Evelyn Palinkas, 772-567-9164
donpalinkas@gmail.com
Darlene Murphy, 508-633-3264, svdpvero@att.net



ST. FRANCIS MANOR

Purpose: Providing affordable, independent living to senior citizens on a limited income in an attractive, safe, and socially supportive environment.

Responsibilities: Assist with various events and fundraisers.

Time Commitment: Varies

Contact: Katie Kowanic, 772-562-8575
stfrancismanor@aol.com.



STEWARDSHIP MINISTRY

Purpose: Our mission is to promote the spirituality of stewardship as a way to express our Christian discipleship by assisting our fellow parishioners in discovering and nurturing their God-given gifts and inviting them to participate in the ministerial life of our parish family.

Responsibilities: Further the mission of the Church by using the spiritual gifts and talents He has given each one of us.

Time Commitment: Meetings are 1 hour scheduled on the first Monday of the month at 6:30 p.m. There are also sub-committee events.

Contact: JoAnn Torres, 516-660-0281
missgoodolddays@gmail.com
Laura Lewis, 772-567-5129, llewis@sthelenvero.org

VERO BEACH GROUP OF ALCOHOLICS ANONYMOUS

Purpose: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problems and help others to recover from alcoholism. The only requirement for membership is a desire to quit drinking. There are no dues or fees for membership. We are self-supporting through our own contributions.

Responsibilities: Stay sober and help others to recover from alcoholism.

Time Commitment: Meeting is 7 pm. - 8 pm. each Sunday year round including holidays. Stay until room is cleaned up.

Contact: Tom Walsh, 772-538-1243
Skip Moss, 772-473-7571

EVANGELIZATION

The new environment in which Christian faith formation will operate in the decades to come will demand new thinking and new models, practices, resources, and technologies to address the spiritual needs of all generations. It is through the Communication Ministry that the church of today will stay engaged in daily life and ministry. Social networking is a vital part of parish life.

BULLETIN

Do you need an announcement to be printed in our Bulletin? Submit your announcements via e-mail to church@sthelenvero.org at least 14 days in advance of the publishing date, due by Thursday. Around holidays the deadline may be sooner.

Announcements will not be taken over the phone. We reserve the right to edit and or reformat your flyers and announcements. Please submit announcements and graphics in an editable format. Please do not send text that has been scanned or pdf files. Items submitted from outside the parish will be run on a space available basis after approval by the Pastor.

THE DISCIPLE

The Disciple is published four times each year and is mailed to all in-state parishioners. This is a wonderful way to publicize special events and recognize any achievements of your ministry or its members. Space in The Disciple is limited, so let us know prior to the deadline if you would like us to hold space and how much you need. If you have an idea for an article please let us know.

<u>Published</u>	<u>Deadline for Submission</u>
January	December 1 st
April	March 1 st
July	June 1 st
October	September 1 st

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**Text APP to 88202 to download the
myParish App
Select St. Helen Vero
Also available in the app store
It's FREE!**



SOCIAL MEDIA

Follow us: www.facebook.com/sthelenvero

We encourage you to follow us on Face Book. We have a very active page featuring daily posts. Ministries are invited to submit their events or general news for our Face Book page.

WEBSITE

www.sthelenvero.org

St. Helen parish ministries are encouraged to submit information about their ministry for the parish website. Ministries have a listing on the website which is available for announcements regarding a ministry event, description of the ministry, topics of discussion, meeting dates and photos. Information for events may be submitted for the “News & Events” page of the Church website and the web calendar.

If you can help with one or any of the following please contact us: Social media postings, photography, graphic design or creative writing. Help when you can from home or assist us when attending parish events.

**Submissions for the bulletin, The Disciple, our website and
Face Book page should be sent to:**

Church@sthelenvero.org

For more information call Laura Lewis, 772-567-5129

HISPANIC COMMUNITY

ACOLITOS/MONAGUILLOS

Ministerio: Niños (as), jóvenes que reciben el entrenamiento para ayudar al sacerdote en la celebración de la Misa. Deben ser niños hayan hecho ya su Primera Comunión.

Contacto: Juan Gonzalez, 772-519-2120,
Lucia Hernandez 772-453-6581

BAUTISMOS

Los Bautismos en español son el Segundo y último domingo del mes a la 1:30 p.m. La clase preparación al Bautismo para Padres y Padrinos se da el primer viernes de cada mes a las 7:00 p.m. en el salón Sur del CLC. a esta clase deben asistir Padres y padrinos. Los padrinos deben ser personas solteras que hayan recibido los sacramentos de iniciación o parejas que estén casados por la Iglesia. Los padres deben estar registrados en la parroquia y presentar el Certificado Civil de Nacimiento del hijo (a) que van a bautizar. Hablar a la oficina hispana al 772-567-5155

CAMINANDO CON JESUS / SPANISH PRAYER GROUP

Visión del Grupo: Tener un momento de encuentro con Jesús por medio de la Alabanza, reflexión de la Palabra, Crecimiento en la Fe y Dones extraordinarios del Espíritu Santo.

Cuando: Martes de las 7:00 a las 8:30 p.m.

Contacto: Salvador Villegas, 772-696-1787

CATEQUISTAS

Ministerio: Los Catequistas preparan a los niños para hacer su Primera Comunión cada año. Las clases de la doctrina se dan todos los Sábados de 5:00 a 6:30 p.m. en el Christian Living Center. Para inscribir a su niño(a) en las clases de Educación Religiosa, debe presentar el Certificado de Bautismo y Nacimiento. Al mismo tiempo los padres tienen una clase especial para poder ayudar a sus hijos con sus oraciones y tareas y saber como contestar cuando su niño le haga alguna pregunta.

Voluntarios: Cualquiera persona que este en situación legal en el país, que esté interesado en trabajar con niños es bienvenida.

Cuando: Los Sábados de 5:00 a 6:30 p.m.

Contacto: Yolanda Cárdenas, 772-567-5155

CORO HISPANO

Todo aquella persona que toque algún instrumento o cante y esté interesado en formar parte del ministerio de música hispano favor hablar con Luz Molina al 787-222-8242. Dios les bendiga.

ROSARIO

Este ministerio consite en rezar el rosario antes de la celebración de la Santa Misa los sabados a las 7:00 P.M. Si alguien esta interesado en formar parte de este, favor de hablar con Margarita Garcia 772-562-1826

CURSILLO DE CRISTIANDAD

Vision del Cursillista: Los Cursillos de Cristiandad facilitan el continuo crecimiento espiritual mediante el compartir, en grupos de amigos, las experiencias Cristianas y así avanzar juntos en el camino del Señor.

Contacto: Yadira Gonzalez, 772-321-2414

EDUCACION RELIGIOSA - HISPANIC CCD

Nuestra meta: Preparar los niños y adultos para los sacramentos de: Reconciliación, Comunión, y RCIA. Jueves de las 6:30 a las 8:00 p.m., Christian Living Center.

Contacto: Yolanda Cárdenas, 772-567-5155

MINISTERIO EXTRAORDINARIOS DELA EUCARISTA

Ministerio: Consiste en ayudar al Sacerdote en la distribución de la Sagrada Comunión en la celebración de la Santa Misa, y llevan la Comunión a los enfermos en los hospitales, asilos y a los inválidos en las casas. Estas personas deberán tener un entrenamiento especial antes de comenzar.

Contacto: Claro Velazquez, 772-260-2117

MINISTERIO DE HOSPITALIDAD

El Ministerio de Hospitalidad consiste en siempre tener un trato amable y cortés, mirar a los ojos al hermano que llega, y sonreír al dar la bienvenida, es como dejar que el rostro de Dios asome a través de tu propio rostro para servir.

Te gustaría participar en este hermoso ministerio y tienes deseos de compartir una hermosa sonrisa con quien viene a la casa del Señor, tal vez triste y agobiado, recuerda que tu serás su primera impresión antes de entrar a la casa del Señor.

Contacto: Asunción y Maria Vite, 772-360-2999

GRUPO DE JÓVENES

Visión: Tener una amplia participación dentro y fuera de la Iglesia, nuestro deseo es alcanzar en muchos jóvenes la meta de encontrar a Cristo en su vida. Puede llegar a ser para cada joven un cambio de vida a partir de un encuentro íntimo con Dios, que fomente el amor comprometedor mediante su diario vivir.

Cuando: Nos reunimos el primer lunes y el tercer lunes de cada mes.

Donde: Primer Lunes en el gimnasio de la parroquia, el Tercer Lunes en el Upper Room, invitamos a los jóvenes en los grados del 7mo al 12th grado.

Objetivos: Conocer a otros jóvenes de su comunidad y compartir con ellos vivencias personales, mediante la conversación, la oración y vida social.

Contacto: Blanca Favela, 772-563-8959. Jorge Trujillo 772-321-7705

GRUPO DE JUAN XXIII

Amor, Entrega y Sacrificio. Transformarnos y entregarnos a Cristo Jesús mediante nuestra Fe. Primero vivir la renovación en uno mismo. Nuestra Misión es invitar a personas que están alejadas de Dios, para que el Señor los renueve.

Contacto: Jorge Sarmiento, 772-267-7676

HERMANDAD DEL SEÑOR DE LOS MILAGROS

Propósito: Mantener la devoción peruana y su identidad hacia el “Señor de los Milagros” y extender a toda la comunidad hispana nuestra devoción.

Nuestros principios son: Caridad, Unidad y Fraternidad.

Eventos y Actividades: Procesión y Misa solemne del “Señor de los Milagros, en el mes de Octubre. Después de la misa tenemos una cena en el gimnasio de la parroquia.

Novena: La novena al “Señor de los Milagros comienza dos semanas antes de la gran celebración.

Reuniones: Las reuniones se hacen en la residencia de los miembros del comité. Contacto Máximo Merino 772- 3607294,
E: merinomaximo@yahoo.com

LECTORES

Ministerio: Como su nombre lo indica, estos feligreses son preparados para ser lectores en las Misas en Español. Un buen lector que proclama las lecturas con fe, ayuda a la asamblea de los fieles en la Eucaristía, a vivir en la unidad con Cristo y la fraternidad con sus hermanos.

Contacto: Lorenzo Soto, 772-388-5647

MATRIMONIOS

Si estas contemplando casarse en una ceremonia religiosa en español, la pareja debe hablar con Fr. Ben 567-5129, por los menos 6 meses antes de la boda. Deben seguir estos Requisitos:

Deben hablar con el sacerdote y comenzar la documentación para realizar el matrimonio.

Deben asistir a las pláticas pre-matrimoniales llamadas “Camino al Matrimonio,” organizadas por la Diócesis de Palm Beach. Una vez al año aquí en Santa Elena, Durante el resto del año se dan en la Parroquia de Santa Juliana en West Palm Beach. Mas información hablar con Rosendo y Luisa Acosta 561 308-9430

NOTA: Si está interesado en un ministerio con los americanos, por favor, leer la parte del Manual en inglés.

QUINCEANERAS

Si esta planeando celebrar los quince años de su hija, por favor ponerse en contacto con la oficina hispana para separar la misa, esto deberá ser seis meses antes de la celebración. Requisitos: Haber recibido los sacramentos de Bautismo y comunión y confirmación o estar es la clase para este ultimo.

Contacto: Yolanda Cárdenas, 772-567-5155

UJIERES

Propósito: Son las personas encargadas de hacer la colecta durante la misa, se encargan de pasar el boletín a la comunidad, cerrar las puertas y estar seguros que todo queda bien al terminar la misa.

Contacto: Jaime Vasquez, 772-713-4016

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