The Disciple

By now your summer is in full swing. I hope you are enjoying this time with family and friends. Whether you are travelling or staying local, I urge you to make worship part of your summer.

In June our Centennial Mass wrapped up a year of events celebrating our vibrant parish's 100 years of ministry. I hope you had the chance to participate in some of the many celebrations these past 12 months. Thank you to the Centennial Committee for working so hard and making it a year to remember. May St. Helen Church continue to thrive for the next 100 years.

As I begin my fourth year as your pastor, I realize how blessed I am to be working in such a wonderfully diverse parish that offers so many people a home to grow in their spirituality and devotion to Jesus Christ. May you continue your faith journey with the guidance of the Holy Spirit. 1. Kouin Melson

"Amor Dei serve Dei, quae in eo est."

"Love God, serve God; everything is in that." - St. Clare of Assisi



St. Helen Planning Committee Update #7

This is the quarterly update on the efforts of the St. Helen Planning Committee. Any comments, questions or concerns are welcome to be directed to Fr. Nelson or Deacon Dave at the Church office.

Relocation of Religious Education and the Outreach Ministry from the Christian Living Center ("CLC")

Both of these ministries continue to operate well from the currently leased space off campus. Our Outreach Office has especially done an exceptional job since their relocation. Under the leadership of Jimmy Poletis and a great group of volunteers, the new location has enabled them to serve a growing number of families in need. As a further means of serving the needs and poor in our community we continue to develop plans to have a presence in the new facility being refurbished by UP (United against Poverty).

Centennial and Other Renovations

Since our last article, the first phase of the renovation of the sanctuary area has been completed, other than some minor painting and lighting adjustments. There is no definitive timetable for Phases II and III. Consideration of timing for these renovations is pending the end of the Centennial Year activity and further clarity on the proposed school building. Plans for an audio/visual screen in the sanctuary are proceeding thanks to the diligence and generosity of several parishioners.

As of this writing the renovation and laying of the Centennial Commemorative tiles at the St. Helen pavilion is being completed. It is expected that the landscaping and commemorative benches will be in place immediately thereafter and will provide an attractive, meditative setting.

In the Christian Living Center ("CLC") the St. Francis Room (f.k.a. South Room) has undergone renovation. New windows for the CLC ground floor

and outside doors have been ordered and renovation of the kitchen will be the next project in this building. As a result of the fine work of our maintenance department we now have four ministry meeting rooms in this building which have been nicely updated and have good audio/visual capabilities.

Development of a Master Plan

The Committee continues to investigate through a contract with a local architect, the feasibility, design and cost of a new school building on the west side of our property (between Tallahassee and DeLeon Avenues). We expect to have enough information by the end of the summer to determine the overall feasibility.

Our website is currently under construction. Please be patient as we enhance our online presence.

LIKE us on FaceBook: @sthelenvero



ALTAR SERVER OF THE YEAR

Congratulations to Christina Cargill who was awarded the Altar Server of the Year award from St. Helen Church. Christina recently graduated from John Carroll High School. Christina was presented with a plaque and a check for \$100 from the Knights of Columbus Fourth Degree Assembly. Pictured with Christina are Honor Guard, Faithful Navigator Hans Due, SK John Negherbon and Color Corp Commander John DiGeorge.

ST. HELEN COUNCIL OF CATHOLIC WOMEN

Millie DelGrosso was awarded Woman of the Year at the annual Palm Beach Diocesan Council of Catholic Women convention in May. This award is presented to the woman who is a long standing member of council who exhibits knowledge and wisdom in all areas of the organization. Congratulations!

A special Mass was celebrated by Fr. Bob Doherty and the following women were installed as the 2019 / 2020 Board of Directors for St. Helen Council of Catholic Women.



President: Ellen Elia
Vice President: Laura Lewis
Treasurer: Pat Tressler
Recording Secretary: Patti Battista



RESPECT LIFE

The St. Helen Respect Life ministry sponsored their fifth annual essay contest which raises awareness of the foundational Catholic principle that all human life is precious from conception to natural death. The topic this year stated that not everyone shares our Catholic beliefs and concerns. Our society has many vocal advocates for abortion, euthanasia and assisted suicide. The students were asked to incorporate what the protection of human life from conception to natural death means to them and what they think they might do to help others appreciate and support their belief. Each essay was judged for content, composition, grammar and originality of thought. Winners were announced at Mass on Mother's Day and cash prizes were awarded to the following students: First Place: Sadie Johnson & Noah Perez; Second Place: Annabella Casares & Nichole Zemmaro; Third Place: Jack Casey, Ryan Hargraves & Grayson Jones



PATRIOTIC ROSARY

FOR THE CONSECRATION OF OUR NATION TO THE BLESSED MOTHER

First of all, then, I ask that supplications, prayers, petitions, and thanksgiving be offered for everyone, for kings and for all in authority, that we may lead a quiet and tranquil life in all devotions and dignity. This is good and pleasing to God our Savior. 1 Timothy 2:1-3a

TUESDAY, JULY 2nd, 6:30 p.m. to 7:30 p.m. in St. Helen Church

IN GOD WE TRUST

MARK YOUR CALENDAR

JULY

2nd Patriotic Rosary4th Independence Day

7th RICA Information Meeting

27th Lord of Miracles

AUGUST

3rd Lord of Miracles

9th SHCS Back to School EXPO12th SHCS First Day of School

15th Assumption of Blessed Virgin Mary

17th New Parishioner Dinner18th Feast Day of St. Helen24th Ministry Leadership Day

SEPTEMBER

2nd Labor Day

8th CCD Classes Start 14th SHCS Hoe Down

21st LoveEd

DARISH LIFE... BE A DART OF IT:



FAITH FORMATION

Fall Class Registration opens July 1st for 2019 / 2020 instructional year.
Classes begin Sunday, September 8th.

Your child's faith journey is very important. We serve children Pre-K through 7th grade.

- Sacramental preparation for First Reconciliation and First Holy Communion for 1st and 2nd grades.
- Confirmation instruction for 8th & 9th grades.
- If you have an older child needing Sacraments and instruction we have a special class designed just for them.



Call Religious Education at 772-562-5954 or visit us at 1201 19th Place Suite B302

R.C.I.A. / RITE of CHRISTIAN INITIATION of ADULTS

...A JOURNEY OF FAITH

Called by our Baptism to evangelize the world, the RCIA team at St. Helen seeks to welcome, teach, direct and journey with those who hear God's call to discipleship, guiding them towards a deeper relationship with Jesus Christ and His Church.

If you are curious about the Catholic faith or have not celebrated any or all of the Sacraments, we invite you to consider the RCIA at a welcome session on Sunday, July 7 at 9 a.m. in the St. Patrick Room of the CLC at 2025 20th Ave. Please call Religious Education to register, 772-562-5954.

Sacred Scripture & YOU!

St. Helen parish offers many opportunities for Catholics to grow in prayer, study and action. You may have noticed some 70 ministries available to parishioners, guests and seekers. St. Helen offers something for everyone, and many ways for each of us to draw closer to God.

The Catholic Church has preserved the 73 books in our Catholic Bible for our benefit and growth in holiness. You hear God's Word proclaimed every time you come to Mass. And you may have sensed the Holy Spirit inviting you to go deeper in God's Word. All you need is a Catholic Bible and the Catechism of the Catholic Church to enter into Bible Study. You are never too old or too young to begin your study of Sacred Scripture.

This fall, beginning October 1, 2019, St. Helen will offer several opportunities for Bible Study. Pray which of these might work for you, and then come join us, and bring a friend.

Tuesday mornings (9:30 a.m.) Women & Children (ages 3 and up). Romans & Ephesians.

Tuesday evenings (7 p.m.) Men & Women. Romans & Ephesians.

Wednesday mornings (9:15 a.m.) Women's Bible Study. Topical & year round.

Tuesday mornings (9 a.m.) Men & Women. Genesis.

Thursday mornings (6:45 a.m.) Men's Bible Study. Romans & Ephesians

For information on our various Bible study sessions contact Laurie Manhardt, 231-4034 or Diane Hankle, 321-3911.

FROM LISA BELL / PRINCIPAL, ST. HELEN CATHOLIC SCHOOL

The educational experience at St. Helen Catholic School is designed to empower students spiritually and intellectually, and prepare them for lifelong learning. This year twenty-five 8th-grade students graduated and joined thousands of former students to become alumni. These recent graduates have each demonstrated a readiness to perform at the next academic level and are eager to transition into High School.

Here at St. Helen Catholic School our students accept stewardship as a responsibility to God and society. Whether it's a food drive for the Msgr. Nugent Community Outreach Office or helping their neighbor down the street, our students are taught to recognize their faith in big and small ways, and this year was no exception.

Jesus uniquely comes to us in the Eucharist. When he comes, we receive Him into our body and soul. We were very blessed to have thirty-five of our 2nd grade students receive the Eucharist for the first time at their First Holy Communion in April.

There were many examples of "Making Good Things Happen" during this last quarter of school. One of the highlights was a trip I took to Hope Rural School in Indiantown, Florida with 8th-grade students,

Annie Fretwell, Ellie Arden, Cypress Reineke, and Elizabeth Burgener to deliver much needed school supplies that our students collected during Mission Madness week.



Our 4th-grade students under the guidance of Mrs. Lewis and Ms. Sherer did a wonderful job presenting the Living Stations of the Cross to the entire school. This was a beautiful way to reinforce our faith and tell the story of Jesus' Passion to even the youngest of our student body.

For Palm Sunday our 5th-grade students helped to prepare the palms used for Palm Sunday Mass. All of the students enjoyed the chance to play such an active and meaningful role in our parish community and expressed a deep sense of joy and self-regard in being able to contribute.

Registration for the 2019-2020 school year is in full swing. For some, the decision of elementary school is a nine-year decision. For us, it is the choice for a lifetime of learning and relationships. We are family here at St. Helen and I look forward to meeting our future members. Please contact our Admissions Coordinator at 772-567-5457 for details about enrollment.

In gratitude for your continued prayers. Lisa Bell, Principal



LoveEd

Coleen Kelly Mast, author, speaker, teacher trainer, and radio talk show host is the author of the LoveEd program. She is one of four U.S. family-life experts invited to the Vatican by the Pontifical Council for the Family to present at an in-depth study of the Truth and Meaning of Human Sexuality document when it was released. In 2011, she was appointed by the U.S. Conference of Catholic Bishops to serve a four-year term on its National Review Board. Coleen is married to Kent, and they have five grown children.

Coleen is an international leader in the field of chastity education,

"We created **LoveEd** so parishes could empower parents to effectively teach their children about the beauty of love and sexuality within the context of the Catholic faith."

- Coleen Kelly Mast, author





LoveEd is a dynamic program that is:

- · Relatable to children and captures their attention
- · Age- and gender-specific
- · Faithful to Church teaching
- · Easy to implement right out of the box (does not require training!)
- · On the cutting edge of video quality
- · A crucial aid to parents at one of the most important stages of their children's lives

sharing her expertise and experience as a parent, mentor, teacher, and friend. She holds a Master's Degree in Health Education, and holds Secondary Teaching Certificates in four specialty fields: Theology, Health, Physical Education, and Science. She was presented with an Honorary Doctorate in Humane Letters from Quincy University. She has appeared on *Oprah!*, *Geraldo*, *Mother Angelica Live*, *60 Minutes*, and as a presenter at the *Steubenville Youth Conferences*. She hosts a weekly call-in radio program, *Mast Appeal*, on more than 500 EWTN Catholic Radio stations, including our own WDMC 920 AM. She can also be heard on Sirius Satellite Radio.

Coleen has debated the presidents of SEICUS (Sexuality Information and Education Council of the United States) and Planned Parenthood on TV, and debated ACLU (American Civil Liberties Union) on public radio. She assisted with the writing of the 1990 U.S. Bishops' document on Human Sexuality Education.

She and her husband Kent will come to our Parish in September to present the LoveEd program, all are welcome to hear the presentation. Please watch the Parish Bulletin and website for details in the weeks to come.

ST. HELEN MINISTRY FAIR

SAVE THE DATE: OCTOBER 19th & 20th

Ministry leaders: it's never too early to start planning. Our theme this year is "Plant the Seeds." For general information about this event please call Jo Ann Torres at 516-660-0281.

CHURCH APP

Enjoy daily readings, the gospel, prayers, calendar of parish events, inspirational messages and much more!

- 1. Text APP to 88202
- 2. Download MyParish App
- 3. Select St. Helen Vero after opening

Thank you for being a part of our St. Helen family. We appreciate all you do for our parish and community by sharing your God-given gifts of time, talent and treasure. Your active participation in the life of our parish helps us to fulfill our vision and mission. This summer, we pray that you will have some quiet and restful time that includes the love, joy and peace of being with family and friends. Please consider that our Church continues to be open for Mass, numerous activities and the Sacraments. During these summer months your generosity through Faith Direct can help provide the consistent resources we need to operate our parish and ministries.

Visit: www.faithdirect.net and use our Church code: FL683 If you would like assistance enrolling please call the parish office and make an appointment, 567-5129.

The Disciple

Parish Newsletter of St. Helen Catholic Church P.O. Box 2927 Vero Beach, FL 32961 772-567-5129 www.sthelenvero.org

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