



## **Parish Handbook 2018 / 2019**

## **St. Helen Catholic Church**

2000 20th Street

Vero Beach, Florida



### **Parish Office**

2085 Tallahassee Ave.

Vero Beach, FL 32960

Phone: 772-567-5129

Fax: 772-567-1061

Email: [StHelenChurch@hotmail.com](mailto:StHelenChurch@hotmail.com)

Website: [www.sthelenvero.org](http://www.sthelenvero.org)

Face Book: [www.facebook.com/sthelenvero](http://www.facebook.com/sthelenvero)



## Table of Contents

<b>General Information</b>	<b>4</b>
<b>Staff Directory</b>	<b>5</b>
<b>Letter from Fr. Kevin Nelson, Pastor</b>	<b>7</b>
<b>History of St. Helen Parish</b>	<b>8</b>
<b>Planned Giving</b>	<b>11</b>
<b>Sacraments</b>	<b>12</b>
<b>St. Helen Catholic School</b>	<b>14</b>
<b>Faith Enrichment Ministries</b>	<b>16</b>
<b>Liturgical Ministries</b>	<b>28</b>
<b>Outreach / Fellowship / Service Ministries</b>	<b>32</b>
<b>Operations / Communication</b>	<b>43</b>
<b>Hispanic Ministries</b>	<b>45</b>
<b>Index</b>	<b>49</b>



### **Mass Schedule**

Saturday Vigil 4:00 p.m. & 7:00 p.m. (Spanish)  
Sunday: 7:15 a.m., 8:45 a.m., 10:30 a.m., 12:15 p.m., 5:00 p.m.  
Weekdays (Monday thru Saturday): 7:30 a.m. & 8:30 a.m.  
Nursery available Sunday during the 10:30 a.m. Mass  
(Closed June, July and August)



### **Confession**

Saturday: 11:00 a.m. to 11:30 a.m. & 3:00 p.m. to 3:30 p.m.  
Available by appointment, call 772-567-5129

### **Adoration of the Blessed Sacrament**

In the Church each Monday following the 8:30 a.m. Mass  
Rosary at noon, evening prayer 5:30 p.m. & Benediction 6 p.m.

### **Novena Prayers**

Recited in honor of Our Lady of Perpetual Help following the  
8:30 a.m. Mass every Tuesday.

### **The Sacrament of Anointing of the Sick**

First Saturday of each month after the 8:30 a.m. Mass  
or call the Parish Office 567-5129.

**Pastor**

Very Reverend Kevin C. Nelson, V.F.

**Pastor Emeritus**

Reverend Michael W. Edwards, P.E.

**Parochial Vicars**

Reverend Benedict Redito

Reverend Pierre-Soul Estefont

**Deacons**

Deacon Donald Battista

Deacon John Cunningham

Deacon Joseph J. DiMauro

Deacon David Hankle

Deacon Peter McBride

Deacon Stanley Piasecki

Deacon Joseph Torres

Deacon Charles Weir

**Parish Office**

2085 Tallahassee Avenue

Hours of Operation: Monday thru Friday 9:00 a.m.– 4:00 p.m.

Telephone: 772-567-5129

Fax: 772-567-1061

Email: StHelenChurch@hotmail.com

**Parish Manager**

Deacon David Hankle

**Parish Bookkeeper**

Anne Caron

**Parish Receptionist**

Dena Karnehm

**Parish Communications**

Laura Lewis

**Maintenance Director**

Tom Sangbush, 772-567-5129

**Music Ministry & Liturgy Director**

Dolores Mark

Hours by appointment 772-562-2029, E: StHMusic@msn.com

**Outreach Assistance Office**

Jim Poletis

Hours: Monday - Friday 9:00 a.m. - 1:00 p.m.

Telephone: 772-567-5193, E: sthelenoutreach@gmail.com

**Religious Education Director**

Paige Fies

1201 19th Place, Suite B302

Hours: Monday - Friday 8:00 a.m. - 4:00 p.m.

Telephone: 772-562-5954, E: sthelenre82@gmail.com

**Director of Youth Ministry**

Rudy Vasquez

Telephone: 772-562-5957, E: youthministryshvb@gmail.com

**St. Helen Catholic School Principal**

Lisa Bell

2050 Vero Beach Avenue

Telephone: 772-567-5457, E: l.bell@sthelenschoolvero.org

**Hispanic Ministries**

Yolanda Cardenas

Hours: Monday - Friday 8:00 a.m. - 3:00 p.m.

Telephone: 772-567-5155 E: Yolanda61270@gmail.com

## A Message from our Pastor

Dear Parishioners of St. Helen:

I would like to welcome our new parishioners who registered this past year and thank our current members for all you do for St. Helen Parish. Over the past two years I have experienced a parish that is active and alive. Our faith and worship compel us to serve each other in so many ways, both inside the parish and in our community. If you are searching for a way to serve the Lord, perhaps one of our ministries would interest you. This handbook is a great resource describing the many opportunities our parish offers you to become active at St. Helen.



As we celebrate our 100 years as a parish, I ask that you reflect and pray on how you can commit yourself to serving God, St. Helen Church, your fellow parishioners, and the local community

Sincerely Yours in Christ,

A handwritten signature in black ink, appearing to read "K. Nelson".

Very Reverend Kevin C. Nelson, V.F.  
Pastor

### **St. Helen Mission Statement**

The Mission of St. Helen Parish is to proclaim the good news of Jesus Christ through a loving community which strives to meet the spiritual and physical needs of its members. We invite all to join us in fulfilling the living words of Christ to: "Go then, to all people everywhere and make them My disciples."



## St. Helen

### Patroness of Our Parish

### Feast Day: August 18

St. Helen was the mother of St. Constantine the Great and was born at Drepanum in Asia Minor to parents of humble means. She married Constantius Chiorus, and their son Constantine was born in 274. Constantius divorced her in 294 in order to further his political ambitions by marrying a woman of noble rank.

Helen was abandoned and left to live in exile; she suffered alone for many years. In 306, Constantius died and Constantine became Emperor. Constantine declared Helen an Empress and titled her Augusta. She used her high position and wealth in the service of her religious enthusiasm and helped build churches throughout the empire. She was noted for her selflessness and generosity. Helen gave tirelessly to the church, prisoners and the poor. In 324, Constantine had a great desire to find the True Cross, so at the age of 80 Helen led a group to the Holy Land to search for the Cross. She learned that the Cross was believed to be buried at the Temple of Venus. She ordered the pagan temple demolished and in the process, the tomb of Jesus was uncovered, as well as three crosses close at hand. In order to determine the cross on which the Savior had been crucified, she took the crosses to a woman afflicted with an incurable disease and had her touch each one. One of them immediately cured her and it was pronounced the True Cross.

While in Jerusalem, St. Helen performed a variety of good works, including giving money to the poor. She also ordered that all places connected with the life of the Lord and His Mother be free of all traces of paganism and directed that churches be built at each of these places. She gave the Cross to the Patriarch of Jerusalem for safe-keeping and took part of the wood and nails back to Constantinople.

St. Helen continued her journey to the holy places, building over eighty churches; at Bethlehem, the birth place of Christ, on the Mount of Olives, and at Gethsemane where the Lord prayed before His sufferings and where the Mother of God was buried. Emperor Constantine gave orders to build a church in honor of the Resurrection of Christ, but St. Helen did not survive to see the dedication of this temple. She died in 327. The church was completed in 335.

In art, St. Helen is shown holding the Cross as you can see from many statues and pictures that we display of our parish patroness.

## St. Helen Parish History



St. Helen was the first Catholic Church established in Indian River County. Missionary, Reverend Rupert Gabriel of the Order of St. Benedict celebrated the first Mass in June of 1919 at the home of Anne and Louis Schlitt. Approximately twenty children and adults attended.

A wood frame church was completed in December of 1919.

Father Gabriel celebrated Mass every Sunday until poor health forced him to retire in 1926. This original church is now located just north of the Christian Living Center and currently serves as the school library.

In 1926, Reverend Michael Beerhalter, from Fort Pierce, succeeded Father Gabriel, ministering to the needs of parishioners. Father Beerhalter also tended to the needs of the parishioners of St. Anastasia in Fort Pierce.

The first resident pastor, Reverend Michael Mullally, was assigned in October 1929. Recognizing the need for a Catholic grammar school in Indian River County, he established St. Helen Catholic School. Three religious Sisters of St. Dominic of Adrian, Michigan, Sister Immaculata, O.P., Sister Anselm, O.P., and Sister William Ann, O.P., arrived in Vero Beach and the school opened on September 16, 1940 with an enrollment of 27 students. The original schoolhouse was located behind the church approximately where the Christian Living Center is located today.

Reverend Patrick O'Brien was assigned as pastor of St. Helen in 1950. Father O'Brien built a new rectory including parish offices and began construction on our present church. Religious Instruction for children not attending St. Helen School was begun and numerous fund-raising events were held to cover the cost of the \$250,000 church.



Father John F. McKeown oversaw the final phase of construction on the new church in 1954, when he assumed the role of Pastor. The stained glass windows, the pink marble, the Italian statues and many interior accents and pieces still found today were added at this time. The church was dedicated on March 6, 1955. The original church was converted into a Parish Hall. A new four room classroom building and convent were also constructed. The mission of St. William in Sebastian was established by Father McKeown.

Reverend Hugh J. Flynn served as pastor of St. Helen from 1964 to 1969. Under his administration, a weekly Bingo Night was established and the St. Helen Harvest Festival was created. Created to instill a sense of community in the hearts of the parishioners, the festival opened on November 19, 1965 on the grounds of St. Helen and raised \$13,008, more than what was needed to pay for the \$12,000 air conditioning system in the church. The St. Helen Service Center, a multi-purpose facility, was constructed in Gifford and opened in 1967 to serve the underprivileged.

Reverend John B. O'Hare became the pastor of St. Helen in 1969. Under his direction the present Parish Center was built and opened in 1975. The statue of St. Helen was erected as a tribute to our first pastor in 1975.

Monsignor Irvine Nugent became pastor in 1976. Under his guidance, the Neighborhood Apostolate was created in 1977 to welcome and care for parishioners on a more intimate basis. Numerous ministries and programs were created focusing on faith enrichment, worship, service and continuing Christian Development. The expanding needs of the church community were addressed with the remodeling of the former convent building into the Christian Living Center. The Outreach Office was created as an extension of the Neighborhood Apostolate to expand parish life and serve the needy. A ministry program for the sick was also developed. St. Helen Parish became part of the Diocese of Palm Beach in October 1984, Monsignor Nugent passed away in April of 2014.

Father Michael W. Edwards become our seventh pastor in 1999. Under Father Edwards' direction, St. Helen Parish has dedicated itself to being a Stewardship Community. Father Edwards continues to challenge the parish family to live a life of discipleship and accept God's calling to be a community of faith focused on using individual time, talents and treasures to help better God's Kingdom.

In July of 2016, Father Kevin C. Nelson became the eighth pastor of St. Helen Parish following the retirement of Fr. Michael Edwards.

## PLANNED GIVING

Planned giving is the opportunity to provide financial support to the parish through means other than the ongoing offertory collections. Donations can be made in line with an individual's will, through an annuity, through Estate Planning and other means. Gifts can be designated for a specific purpose within the parish and / or on behalf of a loved one.

You can leave a legacy of love to St. Helen Parish and improve your financial security at the same time through Planned Giving. Through Planned Giving you can assure both the long-term health of the parish's charitable and educational mission and the fulfillment of your personal financial objectives.

Plan your gift today: we each have the opportunity to give expressions of our faith through our support of St. Helen Parish and its ministries. A planned donation to the parish can assist you with your call to live as a faithful and generous steward.

**There are several ways to give:**

- ♦ **Gifts of Real Estate**
- ♦ **Gifts of Stocks and Bonds**
- ♦ **Charitable Lead Trust**
- ♦ **Charitable Gift Annuity**
- ♦ **Charitable Retirement Trust**
- ♦ **Retirement Assets**

**It is important to consult your financial planner or attorney or seek out a competent Estate Planning Attorney to assure your beneficiary designations will work in the desired method you have chosen.**

### **Faith Direct**

Faith Direct enables parishioners to make Church, weekly offertory and special collections through either direct debit from a checking / savings account or through a credit / debit card. Faith Direct also offers personalized offertory cards to replace your envelopes for the collection basket. Please visit the Faith Direct website **[www.faithdirect.net](http://www.faithdirect.net)** to enroll securely online. Our parish code is **FL683**.



## **SACRAMENTS**

### **BAPTISM**

The baptism of your child is truly something to celebrate! We are so excited to welcome your child into the faith at St. Helen Catholic Church. Through baptism, we receive new life in Jesus Christ and begin our journey as Christians.

For Catholics, the Sacrament of Baptism is the first step in a lifelong journey of commitment and discipleship. Baptism is the Church's way of celebrating and enacting the embrace of God.

We joyfully celebrate baptisms in English on the first and third Sundays of each month, following the 12:15 p.m. Mass. Please contact the Religious Education Office at 562-5954 for further information and to schedule your child's baptism.

### **FIRST RECONCILIATION & FIRST HOLY COMMUNION**

Welcome to this important time in your family's life with Jesus Christ and His Church. This preparation time for First Reconciliation marks another important step in your child's formation in the Catholic faith. It is our hope that your child will experience the forgiveness and healing of our loving God through this Sacrament many times. Classes are held in the fall of each year at St. Helen for 2<sup>nd</sup> graders, for both Reconciliation and Holy Communion, with the Sacraments celebrated in the Spring. You may call the Religious Education office (562-5954) for further information and to register your child. If your child is above 2<sup>nd</sup> grade level and has not yet celebrated baptism and/or First Reconciliation or First Holy Communion, we have a class for him or her. The Sacramental life of your child is very important to us as a Church community, and we know it is important to you, too.

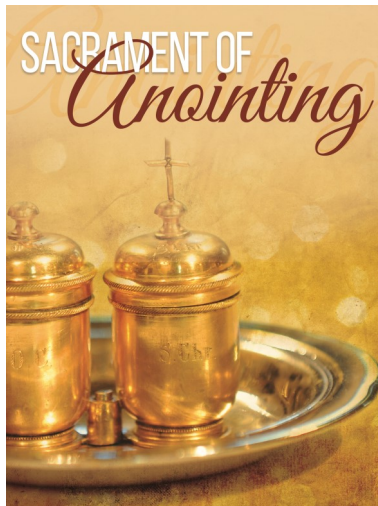
The Parish of St. Helen is your partner in this preparation, and is committed to supporting you in your responsibility as Christian parents.

### **CONFIRMATION**

Welcome to our Confirmation program! We utilize a program from Dynamic Catholic called Decision Point. The program is newly developed with the intention to not only prepare students in 8<sup>th</sup> & 9<sup>th</sup> grade to receive the Sacrament of Confirmation but to teach and inspire them to respond to and cooperate with God's grace in all the circumstances of their daily lives, long after their Confirmation has passed, while allowing parents and sponsors to engage in a process of renewal in their own faith journey. Under the guidelines of the Diocese of Palm Beach, Confirmation is a 2 year. program beginning in 8<sup>th</sup> grade. Call the Religious Education office (562-5954) for more information and to register your child. We look forward to meeting you soon!

## MARRIAGE

Couples contemplating marriage should contact our parish office as soon as they decide to marry and speak with a priest or deacon to begin their preparation and schedule the wedding date. Couples should plan to begin the necessary paperwork with a priest or deacon at least six months prior to the planned wedding date.



## ANOINTING OF THE SICK

The Anointing of the Sick gives grace to assist people who are sick, in order to ease their suffering, to pray for healing, spiritual and physical, and to allow the ministry of the Church to assist them in their suffering. All individuals facing serious illness, surgery, or decline in health or strength are welcome to contact the office for this sacrament. Monthly anointing of the Sick is scheduled for the first Saturday of each month after the 8:30 a.m. Mass or call the Parish Office, 772-567-5129.

## **St. Helen Catholic School**

### **“Making Good Things Happen” Since 1940**

St. Helen Catholic School is proud to be one of the largest ministries of St. Helen Parish. We are a coeducational elementary school serving students in grades kindergarten through eighth. Our student body consists of approximately 280 eager learners. A highlight of our curriculum is our 1:1 iPad program. Every student in the school is assigned their own iPad. We also offer Spanish from kindergarten through eighth with a high school level option in eighth grade. Our sports program includes soccer, volleyball, basketball, cross country, cheerleading, flag football, and golf. Additionally, we host more than fifteen clubs and extra-curricular activities including National Junior Honor Society. We are proud that year after year more than thirty students in grades four through eight are altar servers for the church.

### **Mission**

St. Helen Catholic School, founded in 1940, is committed to providing students an exceptional education that integrates faith, academics, service and leadership. Through moral development and high educational standards, a St. Helen student is empowered spiritually and intellectually, and is prepared for lifelong learning.

### **Vision**

Building on our core strengths (faith development, reading, writing, and mathematics), St. Helen Catholic School will forge a new and powerful model of education with an emphasis on creativity, critical thinking, communication and collaboration with a focus on STEM (science, technology, engineering and math) education. A St. Helen Catholic School student will be inspired to reach his or her highest potential.

### **Educational Philosophy**

St. Helen Catholic School is dedicated to the education of the whole child as a Catholic and a global citizen. With the support of home, church, and community, St. Helen is committed to providing an exemplary education that is academically challenging and empowers students to reach their full potential spiritually, intellectually, physically and socially.



### **Profile of a Graduate of St. Helen Catholic School**

Graduates of St. Helen Catholic School will strive to become models of their faith, excel academically, serve the community, and lead with exemplary character.

#### **In FAITH they will:**

*Model Catholic Christian values  
Share the teachings of Jesus Christ*

#### **In ACADEMICS they will:**

*Be well-prepared for high school  
Think creatively and independently*

#### **In SERVICE they will:**

*Contribute to the well-being of others  
Place the needs of others before self*

#### **In LEADERSHIP they will:**

*Exhibit integrity, honesty, and confidence  
Lead by doing*



The work of St. Helen Catholic School is the work of our entire community. All successes have been and will continue to be the result of school families, parishioners, and the greater community working together to ensure that our school continues to offer a highly effective and rigorous academic program that is mission-driven and well managed. We invite all parishioners to join us in this faith-centered academic endeavor. We thank you for your time, talent and treasure. Every prayer, every minute, every dollar makes a difference and we are grateful for your support.

## FAITH ENRICHMENT

### BAPTISM PREPARATION

**Summary:** Welcome and assist parents requesting the sacrament of Baptism for their child. Instruct parents and godparents in a deeper understanding of their responsibility for the faith formation of the child and to the church.

**Responsibilities:** Ability to present instructional sessions, Catechist training provided.

**Time Commitment:** Two hours per month. First Thursday of the month at 7:00 p.m.

**Contact:** Paige Fies, Director of Religious Education, 772-562-5954, E: sthelenre82@gmail.com.

### CHALLENGED ADULTS IN RELIGIOUS EDUCATION / CARE

**Summary:** Religious education to mentally challenged adults, eighteen years and older. Teach the major aspects of the Catholic faith such as knowledge of the Holy Trinity, the Sacraments, the life of Christ, Blessed Mother, and Commandments, the Saints and Catholic prayers. Preparation for the Sacraments of Communion and Confirmation.

**Responsibilities:** Focus on special needs adults, ability to instruct students.

**Time Commitment:** Two – three hours on the first and third Wednesday of each month from September through May.

**Contact:** Gloria Timblin, 772-569-4002, E: gjat1126@comcast.net or Patty Bruzzese, 772-643-2410, E: bruzzesep@gmail.com.

### CONFIRMATION SACRAMENTAL PREPARATION

**Summary:** A two year program beginning with students in eighth grade. The Sacrament of Confirmation takes place typically in the spring of ninth grade. The purpose of this preparation is to assist young men and women to come into a deeper understanding of how the Holy Spirit works in their lives, in the life of our church, and how they can interact with the Holy Spirit to lead a life which will draw them into a closer relationship with our Lord Jesus.

**Responsibilities:** Classroom instruction, retreat day, service projects, and assist with meetings, depending on year of program.

**Time Commitment:** Depends on level of involvement and year.

**Contact:** Paige Fies, Director of Religious Education, 772-562-5954, E: sthelenre82@gmail.com.

## **FAITH ENRICHMENT / CCD**

### **Second Grade Sacramental Preparation**

#### **First Reconciliation and First Holy Communion**

**Summary:** Assist parents and their second grade child to build upon the skills introduced in their first grade classes and enter a year of greater spiritual growth as they prepare for the Sacrament of Reconciliation and their First Holy Communion.

**Responsibilities:** Instruct children, Catechist Certification (training provided), Diocesan Protecting God's Children Certification.

**Time Commitment:** Two hours per week on Sunday mornings 8:00 a.m. - 10:00 a.m., September - November and January - April. Additional time for rehearsals.



**Contact:** Paige Fies, Director of Religious Education, 772-562-5954, E: sthelenre82@gmail.com.

## **FAITH ENRICHMENT / CCD**

### **Non-Sacramental Grades**

**Summary:** Assist parents in the task of instructing their children in the beliefs, values and practices of the Catholic faith. Teach children the importance of being a follower of Jesus along with the key concepts of God, the Commandments, the Sacraments, the Works of Mercy, Blessed Mother, the Saints, Catholic prayers and the Church in a manner appropriate to their level of understanding.

**Responsibilities:** Instruct children, Catechist Certification (training provided), Diocesan Protecting God's Children Certification.

**Time Commitment:** Two hours per week on Sunday mornings 8:00 a.m. - 10:00 a.m., September - November and January - April.

**Contact:** Paige Fies, Director of Religious Education, 772-562-5954, E: sthelenre82@gmail.com.

## **RITE OF INITIATION OF CHILDREN / RCIC**

**Summary:** This class is designed for the child above second grade level who has not yet received Sacraments: Baptism, Reconciliation, Eucharist. In addition to his or her Sacramental preparation, students are given a foundational catechesis that will assist parents in the task of instructing their children in the beliefs, values and practices of the Catholic faith. Children are taught the importance of being a follower of Jesus along with the key concepts of God, the Commandments, the Sacraments, the Works of Mercy, the Blessed Mother, the Saints, Catholic prayers and the church in a manner appropriate to their level of understanding.

**Responsibilities:** Instruct children, Catechist Certification (training provided), Diocesan Protecting God's Children Certification.

**Time Commitment:** Two hours per week on Sunday mornings 8:30 a.m.-10:00 a.m., September - November and January - April. Additional time for rehearsals for receiving the sacraments.

**Contact:** Paige Fies, Director of Religious Education, 772-562-5954, E: sthelenre82@gmail.com.

## **RITE OF CHRISTIAN INITIATION OF ADULTS / RCIA**

**Summary:** RCIA focuses on Christian initiation of adults through the reception of the sacraments of Baptism, Confirmation and the Eucharist. Sessions focus on the teachings of the Church and prepare individuals for the Catholic way of life.

**Responsibilities:** The RCIA team member displays the gift of hospitality and a welcoming spirit while sharing his or her love of the Catholic faith and Church. A group facilitator will share his or her faith and knowledge of the Catholic Church. An RCIA sponsor and prayer partner will "journey" with the catechumens and candidates. Retreat team members will plan and execute a one day retreat at the culmination of our year.

**Time Commitment:** Ninety minutes weekly. Meet at the 8:45 a.m. Sunday Mass. After Mass, class begins. Meetings are September through mid December, then January through April. A printed schedule will be available through the Religious Education Office.

**Contact:** Paige Fies, Director of Religious Education, 772-562-5954, E: sthelenre82@gmail.com.

## BIBLE STUDY - COME AND SEE

**Summary:** Grow closer to the One, Eternal, Loving, Almighty God by studying His written Word. Men, women, and children can learn to listen to God speak to us through Sacred Scripture. Use the ***Come and See - Catholic Bible Study*** series, a Catholic Bible and the *Catechism of the Catholic Church*, to grow in faith and the practice of Catholic teaching. Saint Helen invites you to study the Prophet ***“Isaiah”*** with us in 2018-2019.

**Responsibilities:** Weekly classes begin with prayer and a 25-minute video presentation. Then discuss your answers to the home-study questions in a small group. At home, read the Scriptures and commentary, and answer some questions. Books are available for \$25. Scholarships are available, as well. Everyone is welcome.

**Time Commitment:** Classes meet once a week October – April.

### Women and Children:

Tuesdays 9:15 a.m. - 10:30 a.m. in the South Room

All women are welcome to this study. In a separate room, teachers use Bible stories and crafts to introduce Jesus to children, ages 3 and up, whose mothers are participating in the class.

**Contact:** Laura McGarry, 772-539-2250

E: [mcgarryL@bellsouth.net](mailto:mcgarryL@bellsouth.net), or

Melanie Boles, 772-538-9132, E: [SalveRegin@earthlink.net](mailto:SalveRegin@earthlink.net)

### Men, Women, Teens, & Young Adults

Tuesdays 7:00 p.m. - 8:15 p.m. in the Parish Center

**Contact:** John McHugh, E: [john@jjmchughlaw.com](mailto:john@jjmchughlaw.com), or

Laurie Manhardt, 772-321-4034, E: [CatholicBibleStd@aol.com](mailto:CatholicBibleStd@aol.com)

### Men

Thursdays 6:45 a.m. - 7:45 a.m.

at the Knights of Columbus Hall  
(923 19th Place)

**Contact:** Jim Manhardt, 772-321-3886

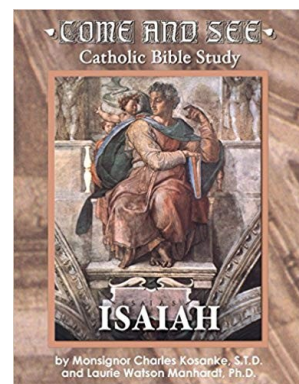
E: [CathMenforJesus@aol.com](mailto:CathMenforJesus@aol.com), or

Martin Bireley, 205-999-4162,

E: [mbireley@hotmail.com](mailto:mbireley@hotmail.com), or

Jim Paige, 772-713-1235,

E: [jimpaige@comcast.net](mailto:jimpaige@comcast.net)



## CHARISMATIC PRAYER GROUP

**Summary:** To encourage people to look into and embrace a deeper faith and a lively commitment to living with joy and confidence as a fruit of having experienced the Baptism in the Holy Spirit. The Baptism in the Holy Spirit awakens graces received in Sacramental Baptism and Confirmation, and brings with it a love of Holy Scripture and prayer, a dynamic desire to cooperate fully with God's will, and heart of service. The result is that one desires and enjoys praising the Lord in song and glorifying Him in service to others.

**Responsibilities:** Openness to the Holy Spirit! Willingness to pray for others, musical ability, hospitality (welcome people and serve refreshments), planning for worship, offering short teachings, preparing written cards for mailing, maintaining database, setting up and taking down chairs, tables and sound equipment each week.

**Time Commitment:** Two hours per week for members, more for musicians (rehearsals, set up and break down). Meets year-round. On the 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Thursday of the month meetings are in the Parish Center from 7:00 p.m. to 8:30 p.m. On the 3<sup>rd</sup> Thursday of the month there is a Healing Mass in the Church, with Praise and Worship prior to Mass, and healing prayer afterwards.

**Contact:** Carolyn Dean, 772-567-0682,  
E:sthelenprayergroup@earthlink.net or  
Deacon Joe DiMauro, 772-562-3564. E: deaconj@bellsouth.net.

## MARRIAGE PREPARATION CLASS



**Summary:** The Marriage Preparation Class allows couples contemplating marriage an opportunity, in a relaxed atmosphere, to reflect on individual personalities, in response to topics such as the sacrament of matrimony, communication, finances, spirituality, intimacy, and dreams and goals.

**Responsibilities:** A desire to help young couples develop a strong Christian foundation for marriage, through personal presentations and lecture.

**Time Commitment:** Two times per year on Saturdays from 8:00 a.m. - 4:30 p.m.

**Contact:** Paul and Patti Burgener, 772-999-3989 / 912-660-6663,  
E: pattieburgener@yahoo.com,  
or the Parish office 772-567-5129.

## **CHRIST RENEWS HIS PARISH / CRHP / WELCOME**

**Summary:** Christ Renews His Parish (CRHP) is a spiritual renewal process which calls together the members of the parish – clergy and laity – in order to experience personal conversation and Christian community in the environment of our own parish. In the context of personal rebirth and parish revitalization, it is evangelization, catechesis, spiritual information, sharing, and lay ministry, as well as Christian community building. CRHP is centered around retreats given by men and women of the parish for men and women of the parish.



**Responsibilities:** The only requirement to participate in a CRHP weekend is to be a registered parishioner of St. Helen Church, with a desire for personal spiritual renewal.

**Time Commitment:** One Saturday through Sunday afternoon weekend renewal retreat and a weekly or bi-weekly two hour gathering for team formation for hosting the next weekend retreat (approximately 12 weeks).

**Contact:** Ellan Rice (CRHP Continuation Committee), 772-794-2077, E: [crhpcc@outlook.com](mailto:crhpcc@outlook.com) or Parish Office, 772-567-5129, E: [sthelenchurch@hotmail.com](mailto:sthelenchurch@hotmail.com).

## DIOCESAN SCHOOL OF CHRISTIAN FORMATION

**Summary:** Our Palm Beach Diocese offers a series of studies for adult Catholics to more deeply experience the power and beauty of our faith. Topics include Liturgy, Sacraments, History, Ministry, Vatican II, Ecclesiology, and others. You will learn how our culture is being de-Christianized, and how you can be a faithful Catholic and better understand why the Church teaches certain things so that you can truly grow in your love of Jesus and His bride the Church.

**Responsibilities:** Interest in learning and experiencing the Catholic faith more deeply and wisely. (If interested in assisting with instruction we would be glad to review your qualifications.)

**Time Commitment:** Each year four subjects will be studied, two in the fall and two in the spring. Classes consist of 12 hours of instruction. The complete program is 12 subject areas, completed over the course of 3 years.

**Contact:** Carolyn Dean, 772-567-0682,  
E: [jcdean1010@earthlink.net](mailto:jcdean1010@earthlink.net)



## FOCOLARE

**Summary:** Formerly known as the Work of Mary. Its mission is the fulfillment of Jesus' prayer to the Father, "That all may be one." For more information visit [www.focolare.org](http://www.focolare.org).

**Responsibilities:** Each month a sentence from Scripture with a commentary and guide for Inspiration for daily living is received. Participants share their experiences of how they have lived The Word of Life and the fruits they have received.

**Time Commitment:** As much as one desires.

**Contact:** Linda DuBois, 772-205-9036, E: [lmdvb@aol.com](mailto:lmdvb@aol.com).

## MEN'S DISCIPLESHIP

**Summary:** To further develop the spiritual lives of the men of St. Helen through a deepening of their personal relationship with Jesus, formation of relationships with one another, and training in discipleship. There are three groups which meet; each offering a slightly different opportunity for spiritual development, based on our call to know, love and serve our Lord by knowing, loving and serving one another. Each of the groups is described briefly below.

**Responsibilities:** Desire for spiritual fellowship, growth and development.

**Time Commitment:** One (plus) hours per week and commitment to work on spiritual life.

*Monday 7:00 p.m. - 8:30 p.m. Small group discussion on scripture and Church writings.*

*Wednesday 6:15 a.m. - 7:30 a.m.. Meeting includes breakfast, DVD presentation, and small group discussion.*

*Saturday 8:00 a.m. - 9:15 a.m.. Reading and small group discussion on Catholic literature.*

**Contact:** Randy Brennan, 713-6436  
E: hrb@veroattorneys.com  
Liam O'Brien, 772-473-7131,  
E: liamaob01@gmail.com or Mike  
Walther, 772-559-2493,  
E: mpw13@att.net.



## NOCTURNAL ADORATION

**Summary:** The Nocturnal Adoration Society promotes devotion to Jesus Christ in the Blessed Sacrament. The Society's threefold purpose is:

- ♦ *To provide a fervent response to Christ's invitation to keep prayerful vigil with Him.*
- ♦ *To deepen the experience of communion with Christ Eucharistic as He continues self-offering.*
- ♦ *To live more consciously and actively the full significance of the Eucharist as the sacrament of charity and unity for the Church and the world.*

**Time Commitment:** First Saturday of each month at 5:00 p.m. for one hour in the Church.

**Contact:** Deacon Charles Weir, 772-473-0044,  
E: weircharles@comcast.net.

## **SECULAR FRANCISCAN ORDER DIVINE MERCY FRATERNITY**

**Summary:** The Secular Franciscan Order is an official Order within the Catholic Church, established by St. Francis of Assisi himself, early in the thirteenth century. Divine Mercy Fraternity is the local Fraternity, part of many Fraternities world-wide. To become a member, the applicant (men, women, single or married) must discern a Vocation and be a devout Catholic.

**Responsibilities:** Ordinarily, we do not live in community; rather we live with our families and perform our jobs out in the world, gathering in fraternities on a regular basis. By profession we promise to follow a Rule of Life approved and confirmed by Pope Paul VI. For more information visit [www.dmf-ofs.org](http://www.dmf-ofs.org).

**Time Commitment:** 2-3 hours per month, sometimes more. Personal prayer (Liturgy of the Hours) adds 1-2 hours per day. Meetings are the second Sunday each month from 2:00 p.m. - 4:00 p.m.

**Contact:** Fred Schaeffer, OFS, Fraternity Minister, 772-794-5436, E: [fredsfo2@gmail.com](mailto:fredsfo2@gmail.com) or Helen Calderone, OFS, Vice Minister, 772-794-2404, E: [epchfc@comcast.net](mailto:epchfc@comcast.net).

## **STEWARDSHIP COMMITTEE**

**Summary:** Our mission is to promote the spirituality of stewardship as a way to express our Christian discipleship by assisting our fellow parishioners in discovering and nurturing their God-given gifts and invite them to participate in the ministerial life of our parish family.

**Responsibilities:** Further the mission of the Church by using the spiritual gifts and talents He has given each one of us.

**Time Commitment:** Meetings are 1 hour scheduled on the first Monday of the month at 6:30 p.m. There are also sub-committee events.

**Contact:** JoAnn Torres 516-660-0281,  
E: [missgoodolddays@gmail.com](mailto:missgoodolddays@gmail.com)



## VACATION BIBLE SCHOOL

**Summary:** Teach and nurture children, parishioners or visitors, entering Pre-K through sixth grade, on the love of Jesus Christ through the use of Bible stories, songs, games, crafts and snacks.

**Responsibility:** Ability to instruct students in a creative manner, enthusiasm, ability to evangelize by spreading the word of God to His precious children, artistic ability, carpentry skills to help build props, responsible teens (entering grades 8-12) to assist where needed. Training and background screening required and provided.

**Time Commitment:** Varies on preparation work which begins in February. One week morning program June 10 - 14, 2019.

**Contact:** Paige Fies, Director of Religious Education, 772-562-5954, E: sthelenre82@gmail.com.



## WOMEN'S BIBLE STUDY

**Summary:** Provides enrichment of daily life through a better understanding of scripture in an environment of mutually supportive women. The group meets weekly and uses Catholic materials, including scripture, the Catechism of the Catholic Church (CCC), audio and video presentations, and prayer to help mediate on God's Word for personal reflection and sharing.

**Responsibilities:** Interest in Sacred Scripture and sharing within the group and have the desire to learn more about the Catholic faith.

**Time Commitment:** Wednesday mornings (year-round) after the 8:30 a.m. Mass for one hour (9:15 a.m. - 10:15 a.m.). A minimum of an additional hour at home will be required to prepare for the next class.

**Contact:** Diane Hankle, 772-562-2539 or Virginia Gallo, 772-770-2211, E: virginiagallo@comcast.net.

## YOUTH MINISTRIES

### Middle School (grades 6 - 8)

**Summary:** Youth Ministry offers a number of ways for our middle school students to connect with each other and with God through a variety of activities. We are passionate about encouraging and teaching our youth to grow as disciples of Jesus, as they live out the purpose to which God has called them.

**Responsibilities:** Participate in meetings and events, including Chili Cook Off, fundraisers, Christmas caroling, nursing home visits, XLT, and Lenten seasonal activities.

**Time Commitment:** Two hours per month to assist with meetings or cooking. Friday evenings 6:00 p.m. - 8:00 p.m., twice monthly. Dates listed in the bulletin and on [www.sthelenchurchvero.org](http://www.sthelenchurchvero.org).

**Contact:** Rudy Vasquez, 772-217-8412,  
E: youthministryshvb@gmail.com.

### High School (grades 9– 12)

**Summary:** Our goal is to grow in an intimate, Eucharistic-centered relationship with Jesus Christ; to come to know who He is and how He loves each teen exactly where he or she is in life.

**Responsibilities:** Participate in meetings and events. Events include Chili Cook Off, fundraisers, soup kitchens / service outreach, Christmas caroling, nursing home visits, XLT and Lenten seasonal activities. Once Confirmed, teens are offered the opportunity to become a lector or Eucharistic Minister.

**Time Commitment:** Two hours per month to assist with gatherings or cooking. Wednesday evenings from 6:00 p.m. - 8:00 p.m., twice monthly. Dates are listed in the bulletin and parish app, or visit [www.sthelenchurchvero.org](http://www.sthelenchurchvero.org).

**Contact:** Rudy Vasquez,  
772-217-8412,  
E: youthministryshvb@gmail.com.



## ST. HELEN YOUTH ON A MISSION

**Summary:** Inviting high school students to a deeper focus based on the Beatitudes and Corporal Works of Mercy to serve others. A summer mission trip is planned each year in partnership with Catholic Heart Youth Camp or Alive in You organizations. High school graduates and young adults are invited to attend a summer Bahama Mission trip.

**Responsibilities:** Leadership training, planning meetings and fundraising are needed to prepare for a successful mission trip.

**Time Commitment:** As needed based on programs, fundraising and special projects.

**Contact:** Richard Schlitt 772-562-2856 or  
Maureen Leu, 772-473-8401



## YOUNG ADULT MINISTRY

**Summary:** Seeks to form intentional relationships with the young adult community (ages 20's - 30's) and with Christ. Our goal is to reach a deeper understanding of what it means to be a Catholic young adult in the present day.

**Responsibilities:** Extend invitations to friends and co-workers to join us for fellowship. Attend gatherings and special events such as XLT, Lift, & Theology On Tap. Opportunities available to be a part of the Youth Ministry Core Team.

**Time Commitment:** Meetings are year round, semi-monthly. We join other young adult groups in the area for special events throughout the year.

**Contact:** Rudy Vasquez, 772-217-8412,  
E: youthministryshvb@gmail.com

## LITURGICAL MINISTRIES

### ALTAR SERVERS

**Summary:** Provide boys and girls fourth grade and older to assist the priest at Mass and other religious services.

**Responsibilities:** Dependability, assist priests at Mass, reverence in performing duties, and respectful of people around you.

**Time Commitment:** Weekend Mass approximately every third week. St. Helen students serve weekday Masses during the school year four to five times per year. Servers attending other schools serve Saturday morning Mass and weekday Masses during the summer. Teams are rotated so that servers are not assigned the same Mass all the time. New server training is forty minutes, one day per week for eight weeks.

**Contact:** Deacon Charles Weir, 772-743-0044,  
E: [weircharles@comcast.net](mailto:weircharles@comcast.net) or Denise Boehning (scheduling),  
772-532-4536, E: [denise@getscorp.com](mailto:denise@getscorp.com).



### ALTAR SOCIETY

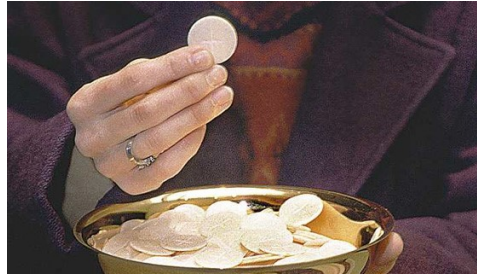
**Summary:** Care for and attend to the altars, sanctuary and sacristy areas.

**Responsibilities:** Work on teams and care for altars, flowers, sanctuary and sacristy; seasonal decoration.

**Time Commitment:** Monthly schedule. Saturdays after the 8:30 a.m. Mass for about 1 hour.

**Contact:** Karen Egan, 772-567-5660, E: [Karen\\_Egan@att.net](mailto:Karen_Egan@att.net) or  
Clare White, 772-567-7064, E: [wgeorgeclara@bellsouth.net](mailto:wgeorgeclara@bellsouth.net).

## EUCCHARISTIC MINISTRIES



### **Extraordinary Ministers of Holy Communion at Mass**

**Summary:** A devotion to Jesus and the belief that He is fully present in the Eucharist.

**Responsibilities:** Distribution of the Eucharist at our liturgies.

**Time Commitment:** Varies depending on schedule. Training is provided quarterly.

**Contact:** Sandra Lackas, 772-532-5230,  
E: Slackas@bellsouth.net

### **Homebound Ministry and Hospital Ministry**

**Summary:** Compassion, kindness and love of the Eucharist.

**Responsibilities:** Distribution of the Holy Eucharist to parishioners who are confined to their homes and the hospital. You choose which area to serve.

**Time Commitment:** As desired. Training, commissioning and background screening provided.

**Contact:** Cheryle Mackie, 772-643-5966, E: Camackie@aol.com

### **Nursing Home Ministry**

**Summary:** Compassion, kindness and love of the Eucharist.

**Responsibilities:** Distribution of the Holy Eucharist to parishioners who are in nursing homes and assisted living facilities.

**Time Commitment:** As desired. Training, commissioning and background screening provided.

**Contact:** Cheryle Mackie, 772-643-5966, E: Camackie@aol.com

## MUSIC MINISTRY

**Summary:** St. Helen Music Ministry provides beauty, joy, comfort and inspiration for our liturgies and festive celebrations through the musical gifts, generosity and commitment of our members.

**Responsibilities:** Participate in practices and various liturgical events.

**Adult Choir:** Serves 8:45 a.m. Sunday Mass and other celebrations. Rehearsals are on Wednesday nights at 6:30 p.m. and Sundays at 8:15 a.m. before Mass.

**Celebration Choir:** This group will provide music for special celebrations in our Church. It is intended to give our Music Ministry some diversity with more challenging choral selections and opportunities to heighten our musical experience at Mass. Rehearsals are Wednesday evenings prior to upcoming celebrations as needed

**Children's Choir:** Open to all parish children and will serve the 10:30 a.m. Sunday Mass throughout the school year. Rehearsals are Wednesday afternoons from 4:00 p.m. - 5:00 p.m. and at 10:00 a.m. before Mass on Sundays.

**St. Helen Student Choir:** This lively group serves the School Mass. Rehearsals are during lunch periods twice a week and prior to Mass.

**Contemporary Choir:** The 5:00 p.m. Sunday Mass will blend music from the traditional to the more contemporary selections available from many varied composers. Rehearsals are on Sundays at 3:30 p.m. before Mass.

**Contact:** Dolores Mark, Music Director, E: sthmusic@msn.com.  
Office: 772-562-2029, Cell: 772-633-9776



## LECTORS

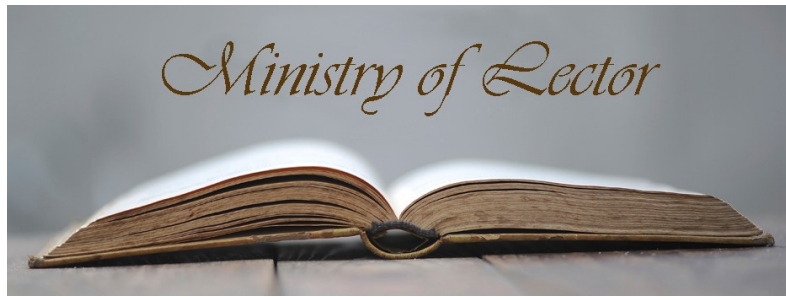
**Summary:** Proclaim the Word of God at all parish liturgies.

**Responsibilities:** Attend annual lector training and retreat.

Possess a strong, clear speaking voice.

**Time Commitment:** Serve on a lector team and be assigned to a particular Mass, be available to assist on Holy Days, or to serve as a substitute when called upon.

**Contact:** Millie Del Grosso, 772-713-0531,  
E: MillieDelG@comcast.net.



## USHERS

**Summary:** Dedication, friendliness and willingness to help others and serve the Lord.

**Responsibilities:** Welcome, show comfort, assist and serve the priest and those attending Mass.

**Time Commitment:** Assigned to a specific Mass on a rotating schedule.

**Contact:** Art Noriega, 772-473-1433,  
E: ArthurNoriega@icloud.com.



## **OUTREACH / FELLOWSHIP / SERVICE**

### **CATHOLIC CHARITIES - DIOCESE OF PALM BEACH**

**Summary:** Catholic Charities of the five-county Diocese of Palm Beach respects life in all its stages. In living our faith we create hope for people in need, without regard to religion. Through our programs and ministries, we empower individuals, deliver social services and collaborate with others in building just and compassionate communities.

**Contact:** Sheila Gomez, Executive Director, 561-775-9560,  
E: [sgomez@diocesepb.org](mailto:sgomez@diocesepb.org).

### **CONSOLATION MINISTRY**

#### **When a Loved One Passes**

As a community of faith, we share in the sorrow of the loss of a loved one. It is the purpose of the Consolation Ministry to help you through this difficult time especially regarding arrangements with the Church.

Once you have decided on a funeral home, the funeral home will call the church office to arrange for a date and time for the Funeral Mass celebration. They will also call the church office to arrange a graveside service or a prayer service. This date and time must be established prior to any other arrangements with the church to ensure that a priest or deacon is available for the Mass or service. You will then be contacted by the Consolation Ministry representative to meet for a consultation to make the necessary preparations for the celebration of the Funeral Mass.

If you are not utilizing the services of a funeral home and are working directly with a crematory, you will need to call the church office to set the date and time for the Funeral Mass, graveside service or prayer service. You will then be contacted by the Consolation Ministry representative to meet for a consultation to make the necessary preparations for the celebration of the Funeral Mass.

St. Helen is able to offer a place for receptions, for a nominal fee, following our funeral celebrations based on room availability. These details can be discussed further at the consultation with the Consolation Ministry Representative.

**Contact:** Parish Office 772-567-5129

## CATHOLIC HIGH SCHOOL TUITION ASSISTANCE

**Summary:** Provide tuition assistance to families of St. Helen who desire to send their children to a Catholic High School. Scholarships are based upon need and families must apply and be active participating members of St. Helen.

**Responsibilities:** Have an interest in Catholic education and serving youth. Members are asked to participate in the interview process and some fund raising.

**Time Commitment:** Five or six meetings starting in December and finishing in late May.

**Contact:** Teresita Collins, 772-569-0577.

## COUNCIL OF CATHOLIC WOMEN / CCW

*Affiliation with the National Council of Catholic Women*

**Summary:** To support, empower and educate all Catholic women in spirituality, leadership and service. Our programs respond with Gospel values to the needs of the church and society in the modern world. St. Helen's CCW is an affiliate of the National Council of Catholic Women, The Florida CCW, and Palm Beach Diocesan CCW.

**Responsibilities:** Women of diverse talents are needed for various events, fundraising and meetings.

**Time Commitment:** Varies. We promote a variety of programs and projects, enabling each member to lead or participate as she chooses. Meetings are the first Tuesday of each month at 9:30 a.m. at the Knights of Columbus Monsignor Nugent Hall, 923 19th Place, Vero Beach.

**Contact:** Shawn Wise, 772-770-9069 / 772-766-0510,  
E: [wisenest@bellsouth.net](mailto:wisenest@bellsouth.net) or Ellen Elia, 772-217-2490 /  
954-829-0768, E: [ellenelia@gmail.com](mailto:ellenelia@gmail.com).



## GRIEF SUPPORT

**Summary:** Understanding and sympathy provided to those grieving the loss. It may be a physical loss (death), a social loss (divorce) or an occupational loss (job). In each loss there is a grieving process. We offer support for that loss.

**Responsibilities:** Provide love and support to those grieving in a safe environment of understanding where those grieving can talk and share experiences.

**Time Commitment:** One hour twice per month on the second and fourth Tuesday from 11:00 a.m. - noon.

**Contact:** Tina Franke, 772-569-4769,  
E: mamafranke13@gmail.com or Mike Kiefer, 772-492-9101,  
E: counselor4u@yahoo.com

## HARVEST FESTIVAL

**Summary:** To offer an annual fun-filled, family focused festival for the whole community to enjoy, while providing an opportunity for the entire parish family, including everyone within our community, to come out to the festival and create together an occasion of fantastic fun, fabulous food, and fine fellowship.

**Responsibilities:** Assemblers, decorators, painters electricians, booth and concession workers, food preparers, ticket sellers, bakers, crafters, delivery people, organizers, and disassemblers.

**Time Commitment:** The festival can use help before, during and after the actual event which takes place at Historic Dodgertown in November.

**Contact:** Matt Grall, 727-631-4172,  
E: Grallmatthew@yahoo.com

Melissa Frandsen, 772-538-4563, E: Mzfrandsen@gmail.com



## **HOSPITALITY MINISTRY**

**Summary:** Provides light refreshments after the 8:45 a.m. and 10:30 a.m. Masses September through May.

**Responsibilities:** Set up and break down hospitality station. Have a friendly and outgoing personality and ability to greet parishioners. Make coffee and pick up pastries.

**Time Commitment:** 3 - 4 hours per month on Sunday.

**Contact:** Tina Franke, 772-569-4769

Julie Stroh, 772-567-1045

Holli Skrapits, 484-515-7882

## **KNIGHTS OF COLUMBUS**

### **MOTHER OF PERPETUAL HELP COUNCIL 5629**

**Summary:** Promote the principles of charity, fraternity, unity, and patriotism while providing considerable service to the parish and insurance benefits to fraternal members.

**Responsibilities:** All men of the parish dedicated to service and the Catholic faith. All council activities, fund raisers, special dinners, pancake breakfasts are highlighted in the weekly parish bulletin.

**Time Commitment:** Minimum of two hours per month plus volunteering as needed. Meetings are held the third Wednesday of every month. Dinner is at 6:00 p.m., Rosary 6:45 p.m. and meeting at 7:00 p.m. at the Monsignor Nugent Hall 923 19th Place, Vero Beach.

**Contact:** Eddie Boatwright, 772-584-0301,

E: council5629eddie@gmail.com or Mike Rose, 860-933-3141,

E: mikerose102@gmail.com.



## **KNIGHTS OF COLUMBUS, FOURTH DEGREE**

### **FATHER CHARLES D. BRADY ASSEMBLY**

**Summary:** We are a faith filled, Cross-Council organization of the Knights of Columbus, designated as the Fourth Degree, the highest degree, embodying patriotism, to reflect the love of one's country. We also share with all Brother Knights the principles of Charity, Unity and Fraternity, bearing witness to the Gospel message of love through works of charity, by assisting those who are in need.

With true humility, we recognize that we are also unique, with diverse gifts from God and that as Christ's disciples, we are to develop these gifts of time, talent and treasure to nurture and strengthen our families, our community, our nation and our world. Our motivation follows Christ's example of charity and forgiveness so that the name - Knights of Columbus - will have a truly lasting meaning.

**Responsibilities:** Dedicated to the Knights of Columbus principles of Charity, Unity, Fraternity and Patriotism; must be a third degree in good standing seeking membership.

**Time Commitment:** Two - three hours per month, additional time required for fundraisers or special events. Meetings are the last Thursday of each month, starting with the Holy Rosary, promptly at 11:30 a.m. at the Monsignor Nugent Hall, 923 19th Place, Vero Beach.

**Contact:** Hans Due, Faithful Navigator, 954-856-5010

E: [Hansdue@aol.com](mailto:Hansdue@aol.com)



## **LADYBUG BOUTIQUE**

**Summary:** Members meet as a craft group to make items to sell in support of St. Helen School.

**Responsibilities:** Sewing, painting, knitting, quilting and crafts.

**Time Commitment:** Ladybugs meet year round (except in December) on Wednesday mornings from 8:30 a.m. - 11:00 a.m. in the Cottage. We host a booth at the Harvest Festival and have sales throughout the year. There is no mandatory commitment, come when you want.

**Contact:** Karen Egan, 772-567-5660, E: Karen\_Egan@att.net or Phyllis Gardiner, 772-643-6676, E: phyllisgardiner@bellsouth.net.

## **MARRIAGE & FAMILY MINISTRY**

**Summary:** The mission of the Marriage and Family Ministry is to enrich family life by providing programs and resources that offer information, education, healing and support. By working directly with families and in conjunction with the parish Religious Education Office, we are dedicated to assist in addressing the ever evolving needs of the families of our parish.

**Responsibilities:** Desire and interest to support the growing needs of families, be they spiritual, physical or emotional.

**Time Commitment:** Ability to work on various programs throughout the year with other active couples. Commitment can be limited based upon couple availability.

**Contact:** Paul and Patti Burgener, 772-999-3989 / 912-660-6663, E: pattieburgener@yahoo.com or Deacon Dave and Diane Hankle, 772-567-5129, E: dhankle@aol.com.

## **NURSERY**

**Summary:** Provide a safe, caring and playful environment for our youngest parishioners, thereby allowing parents to fully participate in Mass without worry.

**Responsibilities:** Committed, caring, patient and kind adult and student volunteers. Background screening & Diocesan Protecting God's Children certification provided.

**Time Commitment:** One - two Sundays per month for approximately 2 hours during the 10:30 a.m. Mass. Nursery is located in the school library.

**Contact:** Paige Fies, 772-562-5954, E: sthelenre82@gmail.com or Rachel Noel, E: purplebutterflynoel@gmail.com.

## OUTREACH OFFICE

**Summary:** A ministry that is supported by the love and generosity of St. Helen parishioners donations which allow us to assist those who are in financial need, while always demonstrating love and concern.

**Responsibilities:** Willingness and commitment to assist those less fortunate, ability to move boxes, stock shelves, listen to and assist clients.

**Time Commitment:** Varies based on schedule. The office is open Monday - Friday from 9:00 a.m. until 1:00 p.m.

**Contact:** Jim Poletis, 772-567-5193.

## PARISH NURSE AND WELLNESS

**Summary:** A parish based health ministry which cares for the whole person, mind, body and spirit, and arises from the needs of the parish. It is realized through the talents of a registered nurse, trained and certified by Catholic Charities of the Diocese of Palm Beach. Services include counseling, health education, health advocating, referrals and spiritual care counseling.

**Responsibilities:** Must have health background, R.N, C.N.A, physical and respiratory therapist to participate in home visits and scheduled educational programs, grief counselors.

**Time Commitment:**  
As needed.

**Contact:** Lorraine Aprile,  
772-567-0263,  
E: [ljaprile@bellsouth.net](mailto:ljaprile@bellsouth.net) or  
Wendy Harper, 215-300-5852,  
E: [WendyHarper45@yahoo.com](mailto:WendyHarper45@yahoo.com).



## **PRAYER BLANKET MINISTRY**

**Summary:** To pray as we create handmade “Prayer Blankets” to be given to a person with a particular need. It may be during a time of stress, serious illness, medical treatment, bereavement or at any time when comfort and prayer are needed. As each lap blanket is created, its maker is in prayer for the receiver of the blanket. Prayer blankets are available at the Parish Offices. Although the blankets are not sold, a donation to our ministry is gratefully accepted to purchase materials to continue the “ripple effect” of unconditional love.

**Responsibilities:** Compassionate people who wish to provide a loving gift for someone who is hurting. Ability to trace, cut and / or assemble blankets while praying for the Lord’s love and mercy for the recipient of the blankets.

**Time Commitment:** Varies.

**Contact:** Jackie Hunter, 772-567-4175, or  
Clare White, 772-567-7064, E: wgeorgeclara@bellsouth.net.

## **PRISON MINISTRY**

**Summary:** To bring Christ to those inmates in Indian River County Jail through prayer and listening; to facilitate them with Reconciliation and Eucharist.

**Responsibilities:** Members must be committed to prayer and listening to the Holy Spirit in a one-on-one setting with an inmate; ministers must be Catholic; there is a mandatory eight hour training course and background investigation by the Indian River County Sheriff’s Office. Men meet with males, women with females.

**Time Commitment:** Visits each Tuesday 6:00 p.m. - 8:00 p.m. year round. As many hours as you wish. Every six months all members meet to plan visitations.

**Contact:** John Matthews, 772-321-8689 or 772-569-5696  
E: matthewsjohn777@gmail.com or  
Virginia Gallo, 772-559-6936 or 772-770-2211  
E: virginiaallo@comcast.net.

## RESPECT LIFE

**Summary:** As the local chapter of the Respect Life Office of the Diocese of Palm Beach, the goal of the ministry is to draw attention to the issues that threaten the sanctity of life from conception to natural death through dedication to prayer, education and action.

**Responsibilities:** We strive to acquire and share the most current information regarding all aspects of life-threatening issues. We sponsor multiple events throughout the year, including a Rosary Prayer Service, community wide "Stand for Life," Spiritual Adoption, and baby bottle campaign among others.

**Time Commitment:** One meeting on the second Saturday of each month at 9:00 a.m. - 11:00 a.m. August through June. Assist with parish wide Respect Life activities and events.

**Contact:** Marie Ferretti, 772-567-7679 / 772-473-9269,  
E: maf595@bellsouth.net or  
Susan Baldwin, 848-459-7165 / 772-205-2120  
E: SusanBaldwin1009@gmail.com.

## ROSARY MAKERS FOR PEACE

**Summary:** Being faithful to Mary, the Mother of God, by creating rosaries for missions all over the world, for the school, hospitals, families and all in need.

**Responsibilities:** Time and willingness to learn to tie knots and string the beads.

**Time Commitment:** One hour per week each Thursday from 9:00 a.m. - 10:00 a.m. September through May.

**Contact:** Lorraine Jorge, 772-559-0951,  
E: Lorraine\_Jorge@yahoo.com.

## ST. FRANCIS MANOR

**Summary:** Providing affordable, independent apartments to senior citizens on a limited income in an attractive, safe, and socially supportive environment.

**Responsibilities:** Assist with various events and fundraisers.

**Time Commitment:** Varies

**Contact:** Linda W. Scott, Executive Director, 772-562-8575,  
E: stfrancismanor@aol.com.



### **SAMARITAN CENTER**

**Summary:** We offer long-term transitional housing and guidance to the homeless families in Indian River County, and prepare them to live independently.

**Contact:** Renee Bireley, Program Administrator, 772-770-3039, E: rbireley@ccdpc.org.

### **SERRA CLUB OF INDIAN RIVER COUNTY**

**Summary:** To foster and affirm a culture of vocations in local parishes.

**Responsibilities:** Plant the seeds for future Vocations and nurture current Vocations.

**Time Commitment:**

- ◆ First Friday Eucharistic Adoration for Vocations at Holy Cross Catholic Church.
- ◆ Second Wednesday of the month 8:30 a.m. Mass for Vocations at St. Helen.
- ◆ Mass and speaker meetings once a month during season.

**Contact:** Bill Curtis, 772-633-0877, E: nmcurtis@bellsouth.net or Lynn Ramsier, 419-577-0285, E: cliff@agspectrum.com

### **SOCIETY OF ST. VINCENT DE PAUL**

**Summary:** The Society of St. Vincent de Paul helps people in our community by operating a thrift store. We are a 100% volunteer organization in Vero Beach. The funds raised by the volunteer staff assist the poor and needy neighbors in our community. The office aids applicants with utility bills, prescriptions, clothing and aid through challenging times. We visit St. Francis Manor and assist the residents unable to visit our store. Other programs include assistance to the homeless, women's safety and merchandise for babies and food vouchers for the Outreach Office.

**Responsibilities:** Volunteers help us help others by receiving donations, sorting, pricing, doing repairs, cashiering, maintenance and picking up donated items.

**Time Commitment:** A three hour shift per week, or more if your time permits. The location is 1745 14th Ave, Vero Beach. Open Monday, Wednesday, Friday and Saturday from 9:00 a.m.– 3:00 p.m. (Closed Tuesday and Thursday).

**Contact:** Mary Lou Rethman or Evelyn Palinkas 772-567-6774, E: svdpvero@att.net.

## **VERO BEACH GROUP OF ALCOHOLICS ANONYMOUS**

**Summary:** Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problems and help others to recover from alcoholism. The only requirement for membership is a desire to quit drinking. There are no dues or fees for membership. We are self-supporting through our own contributions.

**Responsibilities:** Stay sober and help others to recover from alcoholism.

**Time Commitment:** Meeting is 7 pm. - 8 pm. each Sunday year round including holidays. Stay until room is cleaned up.

**Contact:** Tom Walsh, 772-538-1243 or  
Skip Moss, 772-473-7571



## **BTC / BE THE CHANGE**

**Summary:** Find engaging and charitable ways to unite different facets of St. Helen while assisting each other in building a better future.

**Responsibilities:** To increase communication and promote an open, family-like setting for teachers, staff, parents, students, parishioners and the community. Such an environment will foster the discussion of new ideas and existing issues, which can then be delegated to the proper sub-committee. Emphasis on teaching etiquette and life skills to our children, our future leaders, would be a priority. Individual kindness and charity will be encouraged as a standard for all. Bringing all individuals together to help better prepare our children and community for the future.

**Time Commitment:** Quarterly meetings.

**Contact:** Genevieve Reitano, 609-350-9187,  
E: teambtcvb@gmail.com

## OPERATIONS / COMMUNICATION

### FINANCE COMMITTEE

**Summary:** Fulfill a diocesan requirement concerning the accounting and financial reporting of St. Helen Parish.

- ♦ *Review and monitor financial operations.*
- ♦ *Review accounting function, internal controls, monitor the parish's profit and loss statement, balance sheet and capital expenditures.*
- ♦ *Assist in preparation of an annual budget, including capital needs.*
- ♦ *Report to the parish on no less than an annual basis, the yearly budget and financial operation results.*

**Responsibilities:** Some understanding of financial statements, insight into operating suggestions, strong stewardship commitment.

**Time Commitment:** One meeting per quarter based on a mutual agreed upon schedule.

**Contact:** Deacon Dave Hankle, 772-567-5129,  
E: dhankle@aol.com.

### PERSPECTIVES, A CATHOLIC VIEW

**Summary:** To discuss a variety of topics, through interviews with persons of many ages and vocations in life, in such a way that the truth upon which the Catholic Church is founded can be brought to bear. We do this in obedience to Matthew 28:19-20, "Give ye therefore unto all nations, baptizing them in the name of Father, and the Son, and the Holy Spirit, and teaching them to observe all that I have commanded you. For behold, I am with you, even unto the end of the age."

**Responsibilities:** Willingness to be interviewed or to help interview others for television. Must be knowledgeable in the Catholic Faith.

**Time Commitment:** A 30 minute talk show, which airs twice daily on Comcast channel 11. Taping can vary. Located at TV10 Studio on First Street, or on location, at St. Helen or elsewhere.

**Contact:** Carolyn Dean, 772-567-0682,  
E: perspectivescatholicstv@earthlink.net.

## BULLETIN ANNOUNCEMENTS

All bulletin announcements should be submitted via email to [sthelenchurch@hotmail.com](mailto:sthelenchurch@hotmail.com) at least 12 days prior to publishing date (around holidays the deadline may be sooner). Announcements will not be taken over the phone. We reserve the right to edit and / or reformat your submission.

Please submit announcements and graphics in Word, Publisher, or JPEG formats. Please do not send text that has been scanned. Items submitted from outside St. Helen Parish will run on a space available basis upon approval from the Pastor.

## SOCIAL MEDIA

**[www.facebook.com/sthelenvero](http://www.facebook.com/sthelenvero)**

The St. Helen FaceBook page is another way to promote your ministry or event.

**Contact:** Laura Lewis, 772-567-5129,  
E: [sainthelenclerk@gmail.com](mailto:sainthelenclerk@gmail.com).

## THE DISCIPLE

The Disciple is the St. Helen Parish quarterly newsletter mailed to all registered parishioners.

**Contact:** Laura Lewis, 772-567-5129,  
E: [sainthelenclerk@gmail.com](mailto:sainthelenclerk@gmail.com).

## WEBSITE

**[www.sthelenvero.org](http://www.sthelenvero.org)**

St. Helen parish ministries are encouraged to submit information about their ministry for the parish website ([sthelenvero.org](http://sthelenvero.org)). Ministries have a listing on the website which is available for announcements regarding a ministry event, description of the ministry, topics of discussion, meeting dates and photos. Flyers for events may be submitted for the “Event” page of the Church website and the web calendar.

**Contact:** Laura Lewis, 772-567-5129,  
E: [sainthelenclerk@gmail.com](mailto:sainthelenclerk@gmail.com).

## CHURCH APP

To subscribe to the St. Helen Church App text 555888 to StHelen1 for Apple, OR, StHelen2 for Android



## HISPANIC COMMUNITY

### ACOLITOS/MONAGUILLOS

**Ministerio:** Niños (as), jóvenes que reciben el entrenamiento para ayudar al sacerdote en la celebración de la Misa. Deben ser niños hayan hecho ya su Primera Comunión.

**Contacto:** Juan Gonzalez, 772-519-2120,  
Lucia Hernandez 772-453-6581

### BAUTISMOS

Los Bautismos en español son el Segundo y último domingo del mes a la 1:30 p.m. La clase preparación al Bautismo para Padres y Padrinos se da el primer viernes de cada mes a las 7:00 p.m. en el salón Sur del CLC. a esta clase deben asistir Padres y padrinos. Los padrinos deben ser personas solteras que hayan recibido los sacramentos de iniciación o parejas que estén casados por la Iglesia. Los padres deben estar registrados en la parroquia y presentar el Certificado Civil de Nacimiento del hijo (a) que van a bautizar. Hablar a la oficina hispana al 772-567-5155

### CAMINANDO CON JESUS / SPANISH PRAYER GROUP

**Visión del Grupo:** Tener un momento de encuentro con Jesús por medio de la Alabanza, reflexión de la Palabra, Crecimiento en la Fe y Dones extraordinarios del Espíritu Santo.

**Cuando:** Martes de las 7:00 a las 8:30 p.m.

**Contacto:** Salvador Villegas, 772-696-1787

### CATEQUISTAS

**Ministerio:** Los Catequistas preparan a los niños para hacer su Primera Comunión cada año. Las clases de la doctrina se dan todos los jueves a las 6:30 – 8:00 p.m. en el Christian Living Center. Para inscribir a su niño(a) en las clases de Educación Religiosa, debe presentar el Certificado de Bautismo y Nacimiento. Al mismo tiempo los padres tienen una clase especial para poder ayudar a sus hijos con sus oraciones y tareas y saber como contestar cuando su niño le haga alguna pregunta.

**Voluntarios:** Cualquiera persona que este en situación legal en el país, que esté interesado en trabajar con niños es bienvenida.

**Cuando:** Los Jueves, 6:30 p.m.– 8:00 p.m.

**Contacto:** Yolanda Cárdenas, 772-567-5155

## **CORO HISPANO**

Todo aquella persona que toque algún instrumento o cante y esté interesado en formar parte del ministerio de música hispano favor hablar con Luz Molina al 787-222-8242. Dios les bendiga.

## **ROSARIO**

Este ministerio consite en rezar el rosario antes de la celebración de la Santa Misa los sabados a las 7:00 P.M. Si alguien esta interesado en formar parte de este, favor de hablar con Margarita Garcia 772-562-1826

## **CURSILLO DE CRISTIANDAD**

**Vision del Cursillista:** Los Cursillos de Cristiandad facilitan el continuo crecimiento espiritual mediante el compartir, en grupos de amigos, las experiencias Cristianas y así avanzar juntos en el camino del Señor.

**Contacto:** Hector Perez 772-519-6348

## **EDUCACION RELIGIOSA - HISPANIC CCD**

**Nuestra meta:** Preparar los niños y adultos para los sacramentos de: Reconciliación, Comunión, y RCIA. Jueves de las 6:30 a las 8:00 p.m., Christian Living Center.

**Contacto:** Yolanda Cárdenas, 772-567-5155

## **MINISTERIO EXTRAORDINARIOS DELA EUCARISTA**

**Ministerio:** Consiste en ayudar al Sacerdote en la distribución de la Sagrada Comunión en la celebración de la Santa Misa, y llevan la Comunión a los enfermos en los hospitales, asilos y a los inválidos en las casas. Estas personas deberán tener un entrenamiento especial antes de comenzar.

**Contacto:** Denise Guzmán, 772-562-5752

## **MINISTERIO DE HOSPITALIDAD**

El Ministerio de Hospitalidad consiste en siempre tener un trato amable y cortés, mirar a los ojos al hermano que llega, y sonreír al dar la bienvenida, es como dejar que el rostro de Dios asome a través de tu propio rostro para servir.

Te gustaría participar en este hermoso ministerio y tienes deseos de compartir una Hermosa sonrisa con quien viene a la casa del Señor, tal vez triste y agobiado, recuerda que tu serás su primera impresión antes de entrar a la casa del Señor.

**Contacto:** Asunción y Maria Vite, 772-360-2999

## **GRUPO DE JÓVENES**

**Visión:** Tener una amplia participación dentro y fuera de la Iglesia, nuestro deseo es alcanzar en muchos jóvenes la meta de encontrar a Cristo en su vida. Puede llegar a ser para cada joven un cambio de vida a partir de un encuentro íntimo con Dios, que fomente el amor comprometedor mediante su diario vivir.

**Cuando:** Nos reunimos el primer lunes y el tercer lunes de cada mes.

**Donde:** Primer Lunes en el gimnasio de la parroquia, el Tercer Lunes en el Upper Room, invitamos a los jóvenes en los grados del 7mo al 12th grado.

**Objetivos:** Conocer a otros jóvenes de su comunidad y compartir con ellos vivencias personales, mediante la conversación, la oración y vida social.

**Contacto:** Blanca Favela, 772-563-8959. Jorge Trujillo 772-321-7705

## **GRUPO DE JUAN XXIII**

Amor, Entrega y Sacrificio. Transformarnos y entregarnos a Cristo Jesús mediante nuestra Fe. Primero vivir la renovación en uno mismo. Nuestra Misión es invitar a personas que están alejadas de Dios, para que el Señor los renueve.

**Contacto:** Miguel De Jesus, 772-501-0284

## **HERMANDAD DEL SEÑOR DE LOS MILAGROS**

**Propósito:** Mantener la devoción peruana y su identidad hacia el “Señor de los Milagros” y extender a toda la comunidad hispana nuestra devoción.

**Nuestros principios son:** Caridad, Unidad y Fraternidad.

**Eventos y Actividades:** Procesión y Misa solemne del “Señor de los Milagros, en el mes de Octubre. Después de la misa tenemos una cena en el gimnasio de la parroquia.

**Novena:** La novena al “Señor de los Milagros comienza dos semanas antes de la gran celebración.

**Reuniones:** Las reuniones se hacen en la residencia de los miembros del comité. Contacto Máximo Merino 772- 3607294,  
E: merinomaximo@yahoo.com

## LECTORES

**Ministerio:** Como su nombre lo indica, estos feligreses son preparados para ser lectores en las Misas en Español. Un buen lector que proclama las lecturas con fe, ayuda a la asamblea de los fieles en la Eucaristía, a vivir en la unidad con Cristo y la fraternidad con sus hermanos.

**Contacto:** Lorenzo Soto, 772-388-5647

## LEGION OF MARY

Grupo que se reúne para rezar el rosario. Interesados hablar con Geraldine Escala 772-501-7405

## MATRIMONIOS

Si estas contemplando casarse en una ceremonia religiosa en español, la pareja debe hablar con Fr. Ben 567-5129, por los menos 6 meses antes de la boda. Deben seguir estos Requisitos:

Deben hablar con el sacerdote y comenzar la documentación para realizar el matrimonio.

Deben asistir a las pláticas pre-matrimoniales llamadas “Camino al Matrimonio,” organizadas por la Diócesis de Palm Beach. Una vez al año aquí en Santa Elena, Durante el resto del año se dan en la Parroquia de Santa Juliana en West Palm Beach. Mas información hablar con Rosendo y Luisa Acosta 561 308-9430

**NOTA:** Si está interesado en un ministerio con los americanos, por favor, leer la parte del Manual en inglés.

## QUINCEANERAS

Si esta planeando celebrar los quince años de su hija, por favor ponerse en contacto con la oficina hispana para separar la misa, esto deberá ser seis meses antes de la celebración. Requisitos: Haber recibido los sacramentos de Bautismo y comunión y confirmación o estar es la clase para este ultimo.

**Contacto:** Yolanda Cárdenas, 772-567-5155

## UJIERES

**Propósito:** Son las personas encargadas de hacer la colecta durante la misa, se encargan de pasar el boletín a la comunidad, cerrar las puertas y estar seguros que todo queda bien al terminar la misa.

**Contacto:** José Guzmán 772-562-5752,  
Abel García 772-713-0103

## INDEX

Acolitos	45
Adoration of the Blessed Sacrament	4
Adult Choir	30
Altar Servers	28
Altar Society	28
Anointing of the Sick	4,13
Baptism	12
Baptism Preparation	16
Bautismo	45
Be The Change / BTC	42
Bible Study - Come and See	19
Bible Study - Women's	25
Brotherhood "Lord of Miracles"	47
Bulletin Guidelines	44
Caminando con Jesus / Spanish Prayer Group	45
Catequistas	45
Catholic Charities	32
Catholic High School Tuition Assistance Committee	33
CCD Classes	17
Celebration Choir	30
Challenged Adults in Religious Education / CARE	16
Charismatic Prayer Group	20
Children's Choir	30
Christ Renews His Parish (CRHP)	21
Church App	44
Clergy & Parish Staff	5,6
Confession Schedule	4
Confirmation	12
Confirmation Sacramental Preparation	16
Consolation Ministry / Funeral Guideline	32
Contemporary Choir	30
Coro Hispano / Spanish Choir	46
Council of Catholic Women	33

Cursillo de Cristindad	46
Disciple Newsletter	44
Diocese of Palm Beach / School of Christian Formation	22
Educacion Religiosa / Spanish CCD	46
Eucharistic Ministers	29
Mass	29
Homebound	29
Hospital	29
Nursing Home	29
Faith Direct	11
Faith Enrichment Ministries	16
Faith Enrichments Religion Classes	17
Non-Sacramental Grades	17
Second Grade Sacramental Preparation	17
First Reconciliation & Holy Communion	12,17
Finance Committee	43
First Reconciliation & First Holy Communion	12
Focolare	22
Grief Support	34
Grupo de Jóvenes	47
Grupo de Juan XXIII	47
Harvest Festival	34
History of St. Helen Parish	9
Hispanic Community	45
Hospitality Ministry	35
Young Adult Ministry	27
Knights of Columbus	35
Knights of Columbus Fourth Degree	36
Ladybug Boutique	37
Lectores	48
Lectors	31
Legion of Mary	48
Liturgical Ministries	28

Marriage	13
Marriage & Family Ministry	37
Marriage Preparation Class	20
Mass Schedule	4
Matrimonios	48
Men's Discipleship Group	23
Ministerio de Hospitalidad	47
Ministerio Extraordinarios de la Eucarista	46
Mission Statement	7
Music Ministries	30
Nocturnal Adoration	23
Novena Prayers	4
Nursery	37
Outreach Office	38
Operations	43
Outreach / Fellowship / Service Ministries	32
Parish Nurses & Wellness Ministry	38
Perspectives, A Catholic View	43
Planned Giving	11
Prayer Blanket Ministry	39
Prison Ministry	40
Quinceaneras	48
Respect Life	39
Rite of Christian Initiation of Adults / RCIA	12,18
Rite of Christian Initiation of Children / RCIC	11,18
Rosary Makers for Peace	40
Rosario	46
Sacraments	12
St. Francis Manor	40
St. Helen (biography)	8
St. Helen Catholic School	14,15
St. Helen Catholic School Choir	30
St. Helen Parish History	7,8
Samaritan Center	41

Secular Franciscans Order / Divine Mercy Fraternity	24
Señor de los Milagros	47
Serra Club of Indian River County	41
Social Media	44
Society of St. Vincent de Paul	41
Stewardship Committee	24
St. Helen Youth on a Mission	27
Ujieres	48
Ushers	31
Vacation Bible School	25
Vero Beach Group of Alcoholics Anonymous	42
Website	44
Women's Bible Study	25
Youth Ministries	26