



# The Disciple

Parish Newsletter of St. Helen Catholic Church  
January 2019

***"I am certain of it that Our Lord will eventually bring to the harbor of salvation, the one who gives himself to prayer." (Saint Teresa of Avila)***

As we embark on 2019 many of us will see the new year as a chance to start over, whether that be exercising more, reconnecting with an old friend, or breaking a bad habit. I would like to recommend an alternative to all St. Helen parishioners: begin this new year with a commitment to prayer and experience the benefits of prayer in your daily life.

**PRAYER SOLVES PROBLEMS:** Is something troubling you? Pray about it. Prayer is the highest path to problem solving. God understands all circumstances and can provide real answers.

*"If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him." James 1:5*

**PRAYER BUILDS CONFIDENCE:** When you make prayer a habit, God's presence in you grows stronger and so does your confidence. Because prayer helps you to see your situation through the eyes of faith, it builds your courage.

*"I can do all things through Him who gives me strength." Phil.4:13*

**PRAYER BRINGS PEACE OF MIND:** God wants us to have peace of mind through Him. If we rely on Him everything will work out. Instead of focusing on problems, we find peace when we focus on His power to deliver us from evil.

*"You keep him in perfect peace whose mind is stayed on you, because he trusts in you." Isaiah 26:3.*

***Orationis multas utilitates; et oranti pro quibus oratio defertur. Placere orare.***

Prayer has many benefits; for the one who prays and for those whom prayers are offered.  
Please pray.

*Fr. Kevin Nelson*



## **St. Helen Planning Committee Update #5**

This is the quarterly update on the efforts of the St. Helen Planning Committee. As noted in past updates any comments, questions or concerns are welcome to be directed to Fr. Nelson or Deacon Dave at the Church office.

- ◆ **Relocating the Outreach Ministry from the Christian Living Center ("CLC")**

The Outreach Ministry has completed their relocation to 1031 18<sup>th</sup> Street Suite F & G under the terms of a two year lease. The effort of Jimmy Poletis, his regular weekly volunteers and several others was exceptional in handling the relocation. There were so many, and though it is impossible to name them all, of special note are the following:

- ◆ Paul Kelley who single handedly supervised and handled much of the move.
- ◆ Jim Capito who worked day and night to complete notable renovations.
- ◆ Richard Schlitt of Schlitt Bros. Painting who responded so quickly to our need for painting.

With little down time, this ministry is back operating at full steam. The new location has also brought our ministry to the attention of new clients offering us the ability to serve more of those in need. To all of the parishioners who continue with financial and food donations, "thanks" and please keep it coming as we are "in the season."

- ◆ **Centennial Renovation**

During the last several weeks, Fr. Nelson completed his presentation to the parish on the renovation of the sanctuary area as can be seen on a pictorial board in the back of the Church and the Church office. Funded with donations and a matching grant these renovations are scheduled to begin in February and conclude for the Easter Season. Donations continue to be accepted.

At present the plans for the construction of a covered walkway and small open pavilion on the west side of the Church are in abeyance pending the improvements inside the Church. The pavilion will provide for an outdoor gathering and information location following Masses.

- ◆ **Development of a Master Plan**

The Planning Committee has received from the planner a modified plan for a building of approximately 16,000 square feet. This building would include a large meeting area for about 100+ people, office space for all of the staff, and sufficient meeting rooms to accommodate the needs of our ministries. It is the intent that this building would serve our present and future needs but also be designed as the first of three phases should expansion be necessary. A graphic depiction of the plan should be available early in 2019.

This Committee also continues to work with the City of Vero Beach on the temporary use of certain of the houses for use related to Church zoning. Our current plans are to use two additional homes on Tallahassee and not use the homes on DeLeon.

### **STAY INFORMED**

Visit our website [www.sthelenvero.org](http://www.sthelenvero.org).

Deacon Dave has a Planning Committee blog & we have created a Centennial Renovation page.

You can also find our weekly parish bulletin as well as the latest issue of The Disciple on our website.

Under our EVENTS page you can:

- ◆ **Order your Centennial Cook book**
- ◆ **Purchase your Centennial Tile for the beautification of our St. Helen statue**
  - ◆ **Book your LifeTouch photo session for our Centennial Yearbook**
  - ◆ **Find Information & Registration for Catholic Days at the Capitol**

***LIKE us on Face Book [www.facebook.com/sthelenvero](http://www.facebook.com/sthelenvero)***

Daily postings & Parish Events

**Subscribe to our Church app by texting 555888 to STHelen1 for Apple OR STHelen2 for Android**



## CONFIRMATION CANDIDATES 2019

Our Confirmation Candidates are hard at work preparing for the Sacrament of Confirmation by attending their final classes and working on their service projects and reports.

A Confirmation Retreat is being held January 12th. It will be filled with reflection and fun at St. Helen Parish. On Sunday, February 10th, Bishop Barbarito will celebrate a special Confirmation Mass at 2:30 p.m. Our Parish is very proud of our students for their hard work and devotion to their Catholic Faith. We pray that they will always choose Christ as they will on their Confirmation day, and that the gifts that were poured out on them will be used throughout their journey of faith.

**We congratulate our Confirmation Candidates of 2019!**



### ST. HELEN YOUTH MINISTRIES DWELL IN STEWARDSHIP

The Youth of St. Helen Parish have been meeting twice monthly on Wednesday & Friday evenings from 6-8 p.m. in our Parish Hall & Upper room since the fall. Among the mentoring and activities, here lies the very heart of Stewardship.

One example is that knowing Christmas can be a lonely time for Seniors, the youth members voted to opt out of their annual Christmas party & gift exchange and provide a service for others instead. On Sunday December 16, our youth group members along with adult volunteers, walked from the Church up to St. Francis Manor to spread some cheer and sing some "heavenly" Christmas carols. The youth group members provided baked homemade cookies to share as they enjoyed their visit with the seniors.

The Outreach and "hands on" ministry branch of the Youth Ministries at St Helen, is led by Mr. Richard Schlitt, along with many adult volunteers. Their passion for today's youth is evident in all they do. Four Kiwanis "Youth In Action" workdays are provided each school year for the youth to participate in as well as Summer Mission camps and Youth conferences that can be life changing. Our Youth love these opportunities to get out and be active in our community and beyond and show the world how they **CAN** make a difference. Thank you for your continued support!



**Knights of  
Columbus Council  
5629 members  
James Chiappone  
and Thiago  
Christim are  
awarded their  
Second Degree  
Certificates by  
Grand Knight  
Eddie Boatwright**

Representatives from several St. Helen ministries, along with Fr. Kevin Nelson presented Bibles to all students in 4th through 8th grade at St. Helen Catholic School. The Bibles were personalized with each student's name and signed by Fr. Kevin. Donations from the Knights of Columbus Council 5629, St. Helen Council of Catholic Women, Men's Discipleship, Come & See Bible Study and some private donors made this possible.



**Pictured with Fr. Kevin and  
Deacon Dave are Catherine  
McGarry & Charlotte Moylan**



## **MARK YOUR CALENDAR**

### **JANUARY**

5th Spanish Marriage Retreat  
6th K of C Pancake Breakfast  
7th School of Christian Formation  
12th Confirmation Retreat  
13th Angelic Café  
14th School of Christian Formation  
18th Free Friday Faith Film  
19th Catholic Men for Jesus Rally  
20th K of C Pancake Breakfast  
20th Stand for Life  
21st School of Christian Formation  
25th SHCS Grandparents Day Mass  
26th Oldies Dance  
27th Angelic Café  
28th School of Christian Formation

### **FEBRUARY**

1st Harvest Festival Workers Party  
3rd Blessing of the Throats  
4th School of Christian Formation  
9th K of C Pancake Breakfast  
10th Confirmation  
11th School of Christian Formation  
15th CCW Card Party  
16th & 17th Men's CRHP Retreat  
19th Serra Club Mass & Dinner  
23rd New Parishioner Dinner  
23rd Centennial Gala  
24th K of C Pancake Breakfast  
24th End of Life Seminar  
25th Training Ministers of the Eucharist

### **MARCH**

2nd Respect Life Event  
3rd St. Helen EXPO  
8th Lenten Soup Pot  
9th SHCS Drama Production  
15th Lenten Soup Pot  
16th K of C Dinner  
17th Angelic Café  
22nd Lenten Soup Pot  
24th K of C Pancake Breakfast  
26th-28th Catholic Days at the Capitol  
29th Lenten Soup Pot  
30th Oldies Dance

## **PARISH LIFE... BE A PART OF IT!**





WELCOME  
**CRHP**  
CHRIST RENEWS HIS PARISH  
**RETREAT**

MEN'S RETREAT: FEBRUARY 16 & 17

FOR INFORMATION  
CALL ROGER MURRAY 214-514-1443  
OR CHARLIE LOCKWOOD 845-661-4067

**ALL MEN ARE WELCOME**



SAINT HELEN CATHOLIC SCHOOL

*presents*

CENTENNIAL

*Grand Gala*

A benefit dinner-dance & auction event on  
Saturday, February 23, 2019  
Bent Pine Golf Club

*Proceeds from this event benefit  
Saint Helen Catholic School*

For sponsorship details or ticket information please  
call St. Helen School at 772-567-5457

SAVE THE DATE

SAVE THE DATE



**STREET JAMBOREE**



**JOIN US**

**FREE ADMISSION**

**April 6, 2019**  
10am - 3pm

**What's On?**

- ★ Food Trucks
- ★ Live Music
- ★ Kid's Games
- ★ Vendors
- ★ Crafts
- ★ FUN!

**Fun for the WHOLE family!**

**Location:**  
2085 Tallahassee Ave.,  
Vero Beach, FL 32960  
(772) 567-5129

**ROARING**

*ROARING 20's*

**ST. HELEN EXPO**

Sunday, March 3, 2019  
10 a.m. till 2 p.m.  
Block Party on Tallahassee Ave.  
FREE EVENT FOR ALL AGES  
Food / Games / Prizes

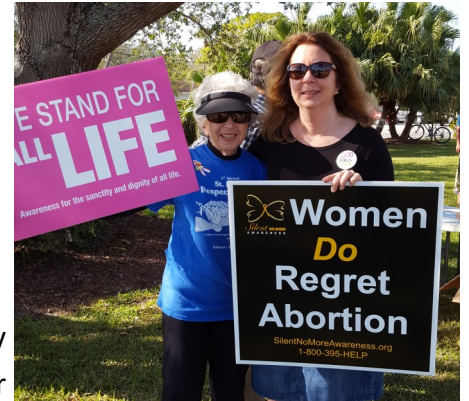
*Men: Break out your zoot suit & fedora  
Ladies: Flappers with cloche hats are welcome*





# RESPECT LIFE

**STAND FOR LIFE:** The thirteenth annual “Stand for Life” event will take place in Vero Beach on Sanctity of Life Sunday, January 20th. This ecumenical silent prayer event invites everyone to stand on both sides of SR60 from 20th Ave. filing westward from 2 p.m. to 3 p.m. to pray for an end to abortion in America and throughout the world. All are welcome to join in, limited signs are available.



The Respect Life Ministry adopted and are praying for Mrs. Carrie Gammell's 5th grade class at St. Helen Catholic School this year. Members Katherine DiSandro and her mother Alicia DiSandro visited the class in December to talk about St. Nicholas, his generosity, and compassion. Students learned about the tradition of having their shoes filled with goodies on St. Nicholas Day, about the religious meaning of the Christmas tree, and the symbolism of the candy cane. Students will be presenting the Respect Life ministry with letters that they wrote for adults in local nursing homes, as this reinforces St. Nicholas's compassionate spirit while serving the mission of the Respect Life Ministry.

## CATHOLIC MEN FOR JESUS 2019 MEN'S RALLY

Saturday, January 19th ~ 8 a.m. to 1 p.m. at St. Helen Catholic Church

Host: Very Reverend Kevin Nelson, Pastor

Main Celebrant & Homilist: Most Reverend Gerald Barbarito, Bishop of Palm Beach

Speaker: Deacon Harold Burke-Sivers

Opportunities for Adoration of the Blessed Sacrament and Confession

Complimentary Breakfast & Lunch / No Tickets to buy, free will offering

Bring a friend! Teens & Young Men, we need YOU!

For more information call Jim Manhardt at 772-321-3886



## CENTENNIAL BAKING COMPETITION AND THE WINNERS ARE....

**Best Overall Centennial Baking Champion**  
**Cynthia Boroczky: Chocolate Raspberry Mousse Cake**

**Best Taste: Deacon Don Battista**  
**Torta Particolarmente Scura**

**Best Presentation: Millie del Grosso**  
**Creme de Menthe Trifle**

**Best Youth Baker and People's Choice winner:**  
**Isabelle Burgener**

Left: Isabelle Burgener with Contest Judge Chef Michael Glatz  
Right: The winning cake by Cynthia Boroczky



# From Lisa Bell, Principal of St. Helen Catholic School

## Happy New Year!

It is hard to believe that half of the school year is already behind us and what a great year it has been! First and foremost I would like to recognize our Middle School Language Arts teacher, Sharon Lowell, who was honored by the Diocese of Palm Beach with the Lumen Christi Learn, Serve, Lead, Succeed Award at the Lumen Christi Gala in December.

Academically our students are focused and working hard. I am pleased to report that 68% of our students made the honor roll and in October we inducted 11 new members into the National Junior Honor Society. Congratulations to inductees Astreid Arnold, Meagan Baker, David Calahan, Annabella Casares, Esabella Fretwell, Mia Hashemzadeh, Sadie Jonason, Emma O'Riordan, Diana Perez, and Arielle Rosenberg.

We also held our Centennial Tree Dedication in October. The Centennial Tree was donated to the school by the City of Vero Beach Centennial Committee who donated a total of thirty trees to public, charter, and private schools throughout

Indian River County. Our Centennial Oak was planted along 20<sup>th</sup> Avenue in front of the new school administrative offices and adjacent to the original church. This location, along with the participation of our Kindergarten and 8<sup>th</sup> grade students, serve as a symbol of our past and our future. This oak is something that our entire parish will cherish for years to come.



The Harvest Festival took place in November, and I am pleased to report that our students sold over \$30,000.00 in presale tickets. Congratulations to the top sales winner, Mason Schlitt, who sold \$1,556.00 in tickets and 2<sup>nd</sup> place winner, Connor Degnan, who sold \$1,272.00 in tickets. We also had an impressive 63 students who sold over \$150.00 in tickets. We are so thankful for all of our parents and students who volunteered and helped make this event such a success.

Coming up this month will be our School Open House which takes place on Saturday, January 27<sup>th</sup> and will kick off Catholic Schools Week. A special 100 Year theme is planned for this year with lots of wonderful activities throughout the week.

The Centennial Grand Gala will take place on Saturday, February 23<sup>rd</sup> at Bent Pine Golf Club and will feature dinner, dancing, and silent and live auction. Special thank you to our Platinum Sponsors Dr. Michaela Scott and Rehmann. Proceeds from this event have an immediate and positive impact on our students and faculty.

We are looking forward to coming together as a community of faith to celebrate our parish and continue our commitment to support the mission of our Catholic School.

Lastly, I would like to extend an invitation to each of you to visit and tour our campus. We would welcome the opportunity to show you first hand how St. Helen Catholic School integrates faith, academics, service, and leadership.

*In gratitude for your continued prayers.*  
**Lisa Bell, Principal**





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Facebook: [www.facebook.com/sthelenvero](https://www.facebook.com/sthelenvero)

Non-Profit  
Organization  
U.S. Postage  
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Lakeland, FL  
Permit No. 1

## SANCTUARY RENOVATION

For more information on our Sanctuary renovation  
visit our website at [www.sthelenvero.org](http://www.sthelenvero.org)

